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# SUMMER 2026

## FAMILY PLAYBOOK

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**CAMP DATES:**

Monday, June 29<sup>th</sup> through Thursday, August 20<sup>th</sup>

No Camp - Friday, July 3<sup>rd</sup>



# WELCOME TO CAMP NABBY!

## **We're So Glad Your Family Is Joining Us This Summer.**

Whether your camper is returning or joining us for the first time, we're excited to welcome them for the season ahead. Our staff takes great pride in getting to know each child, helping them find their place within their group, and creating a positive, supportive experience each day.

## **What Your Child Will Experience**

Each day at camp is thoughtfully designed to help campers stay active, build friendships, and enjoy being outdoors in a supportive environment.

Throughout the summer, campers try new things, gain confidence, and develop a sense of independence at their own pace. Most importantly, they experience the simple joy of summer...playing, exploring, and having fun!

## **A Note For First-Time Families**

Starting camp is an exciting milestone, and it's natural for children (and parents) to feel a mix of excitement and uncertainty.

Some campers jump right in, while others take a little more time to adjust. Our team is experienced in supporting both. We focus on building familiarity, establishing routines, and helping each child feel comfortable in their new environment.

We are here every step of the way to ensure a positive and reassuring start.

# Welcome to **CAMP NABBY**

## **CAMP DATES 2026**

Week 1 - Monday, June 29<sup>th</sup> - Thursday, July 2<sup>nd</sup>

No camp on Friday, July 3<sup>rd</sup> (Independence Day)

Week 2 - Monday, July 6<sup>th</sup> - Friday, July 10<sup>th</sup>

Week 3 - Monday, July 13<sup>th</sup> - Friday, July 17<sup>th</sup>

Week 4 - Monday, July 20<sup>th</sup> - Friday, July 24<sup>th</sup>

Week 5 - Monday, July 27<sup>th</sup> - Friday, July 31<sup>st</sup>

Week 6 - Monday, August 3<sup>rd</sup> - Friday, August 7<sup>th</sup>

Week 7 - Monday, August 10<sup>th</sup> - Friday, August 14<sup>th</sup>

Week 8 - Monday, August 17<sup>th</sup> - Thursday, August 20<sup>th</sup>

Camp Hours: 9 AM - 4 PM (Monday-Friday)



# HEALTH AND SAFETY



## SAFETY FIRST

Your child's safety and well-being are our top priorities. We take a proactive and thoughtful approach to creating a secure environment where campers feel supported throughout the day.

### How We Support Your Child's Safety:

- **On-Site Health Director:** Our Health Director manages all medications, first aid, and health needs from our on-site Health Office.
- **Water Safety:** All swim staff are certified lifeguards, providing constant supervision during all swim activities.
- **Camp-wide Safety Protocols:** Our leadership team and staff are trained in emergency procedures and child safety.
- **Supervision & Staffing:** Our experienced staff and camper-to-staff ratios ensure every child is seen, supported, and cared for throughout the day.
- **Hydration & Shade:** Water stations and shaded areas are available throughout camp to keep campers cool and comfortable.
- **Camp Grounds & Facilities:** Our property is maintained daily by a dedicated maintenance team to ensure a clean and safe environment for all campers.



## HEALTH OFFICE

Our Health Director(s) oversee the health and well-being of our campers and provide medication or treatment as directed.

If your child visits the Health Office, you will receive a call or email with details of the care provided, along with any follow-up if needed. We keep a record of all health office visits.

**Immunization Forms:** *Per Westchester Department of Health requirements, it is imperative we receive all completed immunization forms prior to the start of camp.*



## NOT FEELING WELL?

If your child is feeling unwell or has a temperature of 100.4°F or above, please keep them home. If your child is diagnosed with a contagious illness (such as strep throat), please notify the camp office so we can best support your child and their group. Campers should remain home until they are fever-free for 24 hours and cleared to return by their doctor.

### Reporting Absences

Please notify the camp office of any absence by 9:00 AM so we can plan accordingly for the day.



## SANITATION & HAND WASHING

We take great pride in maintaining a clean and healthy camp environment.

- Frequently shared surfaces are cleaned throughout the day
- Campers and staff wash hands regularly—upon arrival, before and after meals, after activities, and after using the restroom
- Hand washing stations and sanitizer are available throughout camp

# A DAY IN THE LIFE



## STAFF

Our team includes experienced educators, counselors, and specialists who are dedicated to creating a positive and engaging experience.

Many of our counselors were once Nabby campers themselves, bringing a deep understanding of our traditions. New staff are often recommended by returning team members, helping to maintain a strong and connected culture.



## GROUPS

We have 26 groups at Camp Nabby, each one named after a college or university (except for our Pre-K Pups and Cubs!).

Campers are grouped by age and grade to ensure a comfortable and age-appropriate experience.

Divisions include:

- Pre-K
- Junior Camp (K-3rd Grade)
- Senior Camp (4th-8th Grade)



## DAILY SCHEDULE

Each day includes a balance of athletics, creative activities, and exploration. Each activity is approximately 30 minutes except for instructional swim (20 minutes) and Senior Camp Epics and Interest Periods.

Instructional swim, free swim, and lunch occur at consistent times, while other activities rotate to keep the day fresh and engaging.



## RAINY DAY & INCLEMENT WEATHER

Rain or shine, we have a great program planned for your children at Nabby! Utilizing covered spaces and indoor areas, our “rainy day schedule” is designed to keep campers active and dry.

In the case of severe weather (Tropical Storm, Hurricane) we will notify all families the evening prior and confirm any camp cancellation early in the morning to give you time to make alternate plans. We will provide notification families will be notified via our mobile app and text message.



## WHAT TO BRING EACH DAY

Each group has their own bunk and each camper their own cubby to keep their personal belongings organized. Please be sure to label EVERYTHING!

**To help your child feel prepared and comfortable pack the following:**

- Two swimsuits and two towels (or wear one to camp)
- Refillable water bottle
- Sunscreen
- Change of clothes (for younger campers)
- Optional: goggles, pool shoes

**What to wear:**

Campers should wear comfortable, athletic clothing and sneakers.

For cooler days, a sweatshirt or light jacket is recommended. For safety, sandals and Crocs are not permitted.

**Helpful Reminders**

- Be sure to label all items
- Camp provides lunch, snacks, and equipment
- Please leave electronics, toys, stuffed animals and valuables at home



## CAMPER BEHAVIOR EXPECTATIONS

We believe a successful summer begins with kindness, respect, and a positive attitude. We ask all campers, from our youngest to our oldest, to treat others with care, listen to their counselors, and follow daily routines.

Our goal is to create a safe, welcoming environment where everyone feels comfortable, can try new things, and enjoy being part of the group. We know that campers may need reminders and guidance along the way, and our staff is here to support and encourage them throughout the day.

We appreciate your partnership in reinforcing these values at home and helping us create a positive experience for all.

# TRANSPORTATION

We offer both door-to-door and satellite bus service, designed to make each camper's arrival and departure smooth, safe, and consistent. We partner with Chappaqua Transportation, a trusted provider we've worked with for over 30 years. Each bus is driven by a licensed professional and includes a Nabby counselor serving as a Bus Monitor, who will connect with families prior to the start of camp and share important details.



## BUS GUIDELINES

### TO HELP ENSURE A SAFE AND COMFORTABLE RIDE:

- Campers must remain seated and wear seat belts
- Water is permitted, but no food is allowed on the bus
- Campers age 3 must use a car seat (provided by the bus company)

### WHAT TO EXPECT:

Before camp begins, your Bus Monitor will reach out by phone or text to introduce themselves and confirm pick-up and drop-off details.

- **Door-to-Door Riders:** The Bus Monitor will greet your child at your home and assist them onto the bus
- **Satellite Bus Riders:** The Bus Monitor will be stationed outside the bus, welcoming families at your designated stop

If you have not heard from your Bus Monitor within 48 hours of the start of camp, please contact the camp office.

On the first day, we recommend having your child ready 5-10 minutes early to help establish a smooth routine (and don't forget their name tag!).

Buses typically depart camp around 4:00 PM, and families will be notified if there are any delays.



### EARLY PICK-UP & LATE ARRIVALS

- Early pick-ups must be before 3:00 pm and arranged in advance via email or phone call.
- Late arrivals should be communicated to the camp office prior to arrival; Please call or email our office in advance.



## PARENT PICK-UP & DROP-OFF

If you are driving your child, our car line is designed to move efficiently, with staff assisting campers safely to and from your vehicle.

### DROP-OFF:

Drop-off takes place between 8:40-9:00 AM at the Front Gate (Tamarac Street & Nabby Hill). Please remain in your vehicle and our staff will assist your child.

### PICK-UP:

Pick-up times vary by division:

- Pre-K: 3:45 PM
- Junior Camp: 3:50 PM
- Senior Camp: 4:00 PM

Please display your windshield card and follow your assigned location.

### PRE-K:

- Pick-up at 3:45 PM in front of the White House (1 Nabby Hill)
- Please display your **GREEN** windshield card

### JUNIOR CAMP (K-3RD GRADE)

- Pick-up begins at 3:50 PM at the Front Gate
- Cars line up along the green fence on Tamarac Street
- Campers with Senior siblings dismiss at 4:00 PM
- Please display your **YELLOW** windshield card

### SENIOR CAMP (4TH-8TH GRADE)

#### Drop-Off:

- With Junior sibling: Front Gate (8:40-9:00 AM)
- Without Junior sibling: Dale Street entrance

#### Pick-Up:

- With Junior sibling: Front Gate at 4:00 PM
- Without Junior sibling: Dale Street parking lot at 4:00 PM
- Please display your **ORANGE** windshield card

### IMPORTANT REMINDER:

To help ensure a smooth dismissal:

- Please follow assigned pick-up times and avoid arriving early
- Senior Camp pick-up should not begin before 4:00 PM
- Please remain in your vehicle—our staff will bring your child to you

# FOOD & DRINKS



## LUNCH & SNACK

Nabby provides all campers with a catered lunch and two snacks daily.

Meals are designed to be balanced and kid-friendly, with alternative options available each day.

Snacks include fresh fruit, vegetables, and other healthy options. Ice cream is served twice per week.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Tenders Potatoes Vegetable Roll/Butter Dessert	Pasta with Meatballs Italian Bread Dessert	Chicken Nuggets  Cheesy Rice with Corn  Roll/Butter  Dessert	Nabby's Famous BBQ CHOICE OF: Beef Hamburgers (fresh from Hemlock Hills Farm) Veggie Burgers Hot Dogs Turkey Dogs (on request) Potato Chips Dessert	Pizza! (gluten free on request) Dessert

Milk also provided daily

## DAILY SUBSTITUTIONS

Daily substitutes for lunch will include salad, bagels, sandwiches, yogurt, cereal and/or fruit.

## SPECIAL DIETS & ALLERGIES:

Nabby is nut-aware. We do not serve food with peanuts or tree nuts. If your child has food allergies or dietary needs, please inform us via your camper's health forms and contact us directly with any questions.

## STAYING HYDRATED!

We recommend campers bring their own labeled water bottles and we will encourage refills throughout the day. We have water fountains and filling stations throughout camp to provide easy access for refills.



# SWIM PROGRAM

Swimming is a core part of the Nabby experience.

Each day includes:

- Instructional swim (skill development)
- Free swim (fun and recreation)

Campers are grouped by ability and evaluated regularly to ensure safety and progress. A buddy system is always in place.

At Nabby, safety and skill-building go hand in hand in the pool! Our swim program is under the direction of our Aquatics Director and staff of Lifeguards and Water Safety Instructors.

All campers have scheduled swim periods twice a day. The morning swim is an instructional swim taught by our own lifeguards and our specialized staff with W.S.I (Water Safety Instructor) certification. Our afternoon swim is recreational and “free” and supervised by assigned seated group counselors and our lifeguard staff.

In both periods, campers are paired with a “Buddy” that is to be in close proximity throughout the swim.



## SWIM LEVELS: RED, GREEN AND BLUE BANDS

### Red Band - Non Swimmers

With camper safety as our primary concern, all non-swimmers will be in water depth of chest/shoulder high or lower. They may, in our instructional swim only, be in deeper water with their swim instructor. All non-swimmers will be issued and must wear to swim, a **RED** wristband for counselor and lifeguard identification.

### Green Band - Middle Pool/Shallow end of Large Pool

To swim in our middle size or large pool, where the depth is above chest/shoulder height, campers must prove their ability in our “Swim Quest” by swimming the length of our middle pool (44 feet), tread water for 60 seconds, and retrieve an object from the pool bottom. Swimmers achieving this quest, will be issued **GREEN** wristbands, and are allowed to swim in our middle pool and shallow end of our large pool (both up to 5 feet deep).

### Blue Band - Large Pool

To qualify for the deep end of our large pool, with our diving board and water slide, campers must swim the pool length (90 feet) as well as tread for 60 seconds and retrieve an object from a depth greater than 5 feet. These swimmers will be issued a **BLUE** wristband, our highest qualification.

All campers are evaluated at the beginning of their camp session and continually throughout the summer.

In addition to swim lessons, all campers enjoy free swim to cool off, splash around, and have fun with friends!

### Red Band - Non Swimmers



SMALL POOL  
2' DEEP

SMALL POOL  
3' DEEP

### Red Band - Non Swimmers Green Band - Middle Pool/Shallow end of Large Pool



MIDDLE POOL  
SHALLOW END - 3'-4' DEEP  
(non-swimmers cannot go  
in water over chest height.)

MIDDLE POOL  
DEEP END 5'

### Red Band - Non Swimmers Green Band - Middle Pool/Shallow end of Large Pool Blue Band - Large Pool



BIG POOL  
SHALLOW END - 3'-4' DEEP  
(non-swimmers cannot go  
in water over chest height.)

BIG POOL  
3'-5'

BIG POOL  
DEEP END 10'

# SPECIAL EVENTS, GEAR & STAYING CONNECTED!



## SPECIAL EVENTS & TRADITIONS

From theme days to camp-wide events, traditions are an important part of the Nabby experience. These moments bring energy, creativity, and connection to each week. Participation is always encouraged but never required.

Be sure to check out our 2026 Summer Calendar in our mobile app.



## CAMP GEAR

### BACKPACKS, TOWELS AND T-SHIRTS

Families are invited to pick up a Nabby backpack, towel and t-shirt for each camper beginning on Saturday, June 6th and every weekend throughout the month of June between 10 am and 2 pm or during the week by appointment.

If you would like additional Nabby gear (sweatshirts, tees/tanks, shorts & more), we have a year-round online camp store you can access via our mobile app & on our website - [campnabby.com](http://campnabby.com)!



Looking for more Nabby gear?  
Scan the QR code to visit our online store.



## CAMP PHOTOS & PICTURE DAY

We have camp photographers on site who capture daily photos and post them at the end of each day in our Camp Nabby mobile app.

We also offer facial recognition via our mobile app, to allow you to create a distinct photo album featuring your camper.

**Our official Photo Day to capture group photos and individual portraits is scheduled for Tuesday, July 14<sup>th</sup>.**



## CAMPER BIRTHDAYS

We love celebrating camper birthdays at Nabby! Each birthday camper receives a special photo keepsake to take home as a gift from camp.

Due to our nut-aware policy, we kindly ask families not to send birthday treats for the group.



## PARENT OUTREACH

During the camp day our camp office handles all parent inquiries and phone calls. You will always find a welcoming voice when you call or need support.

You will receive information specific to your child's group and counselor bios prior to the start of camp so you can learn more about our wonderful staff!

As always please feel free to contact us at [info@campnabby.com](mailto:info@campnabby.com) or call during camp hours at (914) 528-7796 if you have any further questions.



## STAY CONNECTED

Stay in touch throughout the summer!

- Camp Nabby App (photos, updates, reminders)
- Instagram: [@campnabby](https://www.instagram.com/campnabby)
- Facebook: [Camp Nabby](https://www.facebook.com/CampNabby)

## LET'S MAKE THIS SUMMER AMAZING!

Nabby is a place where children grow, build friendships, and create lasting memories.

Thank you for trusting us with your child's summer. We can't wait to welcome your family.

Warmly,

Your Nabby Team

