

# NABBY NEWS



WEEK 7 AUGUST 11<sup>TH</sup> - AUGUST 15<sup>TH</sup>

## EPIC BELLY FLOPS MAKE A SPLASH!

### HISTORY MADE AT NABBY IN EPIC BELLY FLOP CONTEST!

The much-anticipated Counselor Belly Flop Contest made a big splash this week at Nabby!

Twenty-two fearless counselors stepped up to the diving board, ready to entertain the crowd of cheering campers with their most daring flops. With chants of “Belly Flop! Belly Flop!” echoing across camp, each contestant—some even dressed in costume—took their leap and gave it everything they had.

A distinguished panel of five judges (including three former champions!) scored each flop on a scale of 1 to 10, with 50 being a rare, nearly impossible perfect score.

After round one, the top five advanced to the semifinals: Jordan from Dartmouth, Derek from Tulane, Chloe from Princeton, Melina from Jackson, and Teresa from Swim. The energy soared as Chloe, Melina, and Teresa all landed jaw-dropping somersaulting flops, each earning a sky-high score of 46 and the first time three women made the finals!

After all five flopped again, then came another historic moment: two female counselors advanced to the final round. Chloe dazzled with a score of 44, while Teresa stunned the crowd with a perfect 50, bringing the judges to their feet!

The championship now rested in the hands (and voices) of the campers. Their cheers would decide the winner. Chloe wowed with her Toy Story “Jessie” costume and daring flip, while Teresa shocked everyone with a back full twisting layout flop. The decision was tough, but the cheers roared loudest for Teresa—making her the first female Belly Flop Champion in 20 years!

“I thought I was going to do a flip—I only practiced it once before the contest,” Teresa admitted with a laugh. “Chloe and I were talking about our flops and deciding on the fly, but I just went for it each time!”

Acrobatics are second nature to Teresa, who competes with the National Champion All-Girls Advanced Cheerleading squad at the University of New Hampshire. Still, she said this contest was something truly special. “This was my first Belly Flop Contest and it was so exciting and unexpected! My favorite part was when campers came up afterwards saying they want to flip (and flop) like me someday.” History was made, spirits were high, and the Belly Flop tradition continues stronger than ever at Nabby!

### THE WEEK AHEAD...

WEEK OF AUGUST 18<sup>TH</sup> - AUGUST 22<sup>ND</sup>

### SENIOR CAMP EPIC

MONDAY & TUESDAY, AUGUST 18<sup>TH</sup> & 19<sup>TH</sup>

SENIOR CAMP EPIC!  
Color War - Red vs White!!

WEDNESDAY, AUGUST 20<sup>TH</sup>

LIP SYNC FINALE!

### SO FUN! GAME SHOW

SO FUN GAMESHOWS!

FRIDAY, AUGUST 21<sup>ST</sup>

NABBY SPIRIT DAY!

Join us in your Nabby colors to celebrate a wonderful summer together!

### 2026 ENROLLMENT NOW OPEN!!

Exclusive window for Nabby Families  
Enroll by Sept 12 to lock-in your spot and save!



2025 Champion Teresa!!



Our campers embrace the winner!



Our judges were wowed by the final flops!



The winning back twisting flop



Our cast of fearless floppers amazed our campers!

# BELLY FLOP GALLERY

For our full album, visit our gallery in the Camp Nabby mobile app

Our Five Finalists...



Jordan - Dartmouth



Melina - Jackson



Derek - Tulane



Chloe - Princeton



Teresa - Swim

Many of our floppers dressed to impress!!



Melina & Dani from Jackson



Superhero brothers Cameron from Aerial Adventure & Derek from Tulane



Chloe & Grant from Princeton



Our three female finalists showed their acrobatic skills!!



Teresa joins the elite group of former champions in their prized belly flop tees - from left to right: Paul, Jack & Luke

# THE FACES OF NABBY!

Meet the faces of Nabby! Each week, we're featuring campers as they share their favorite moments and memories from around camp.

## THIS WEEK WE ASKED, WHAT SONG WOULD YOU RECOMMEND FOR OUR LIP SYNC CONTESTANTS TO PERFORM IN THE FINALS AND WHY?



**Silas - Harvard**

"I would like to hear "Buddy Holly" by Weezer because I just like it and more campers should know it!"



**Flora - Radcliffe**

"I would suggest "Baby" by Justin Bieber because it would be the most fun to perform!"



**Sebastian - Harvard**

"I would say "Chicken Banana" - they should dress up like a chicken and banana!"



**Dylan - Columbia**

"Bye, Bye, Bye" by NSync! It was a popular song last year and everyone likes it!"



**Meyer - Columbia**

"The chorus is really good and everyone would sing it!"



**Taylor - Radcliffe**

"Miles on it" by Marshmello & Kane Brown because it is upbeat and lots of fun."



**Knox - Williams**

"I would choose "The Pancake Robot" by Parry Gripp. It's funny and catchy...who doesn't like a pancake robot? :)"



**Michaela - Radcliffe**

"I would like to hear "How it's Done" from KPop Demon Hunters. It's a funny song they could dress up silly."



**Dylan - Duke**

"I would recommend "I Wanna Rock!" By Twisted Sister because it's hype!"



**Ruby - Radcliffe**

"I would recommend one of my favorite songs from the Minion movie - "Chicken Banana"



**Robert - Tulane**

"I would say "Basket Case" by Green Day because it's a great song and more kids should get to know it."



**Claire - Radcliffe**

"I would suggest "Paper Rings" by Taylor Swift because it is upbeat and fun!"



**Eli - Princeton**

"I would choose "Miles On It" by Marshmello & Kane Brown. It's a good song - my brother and sister like it and my dad sings it at work!"



**Gabby - Skidmore**

"Party in the USA" by Miley Cyrus because it is so fun to dance to and we hear it a lot at camp!"



## TENNIS SERVES UP ACES!

One of the most popular sports at Nabby is tennis. Head Counselor Dave Graham has been at Nabby for 15 years and played collegiate tennis at Boise State University. During the off season, he coaches the Nevada Union boys high school team in California and led them to the Northern California Sac Joaquin Section Title this past spring!

Assisting Dave this year are Natasha, a rising junior and chemistry major at Loyola; Brian, a rising junior at SUNY Geneseo, majoring in finance; Milo, who's entering University of Maryland this Fall and Hirsch, who'll be a freshman at James Madison. This year's talented staff were all successful high school players!

"We're very proud of our tennis program here at Nabby. What we accomplish with the time available each day, is quite remarkable", said Dave. Junior camp instruction is available twice a week to rising second and third grade campers with appropriate sized racquets. Senior campers have tennis instruction daily and can choose tennis as an interest period to further improve their skills. "From our juniors to our senior campers we hope to spark an interest in what will be a lifetime sport", Dave said. He also knows that there are several campers who could develop into very good high school players. With the US Open starting up next week, who knows...maybe one day we will be watching a Nabby camper competing!



Tennis staff from left to right: Milo, Hirsch, Dave, Brian & Natasha



## LIP SYNC FINALS ARE SET!!

The Nabby Counselor Lip Sync Battle is heating up, with the semi-finals wrapped up and only one performance left before we crown this year's champion!

The first showdown saw Luke from Penn take on Paul from Brown.

Paul kicked things off in style, stepping on stage in a fur coat and shiny top hat, backed by the "over 30" counselors. His mashup of camper favorites—"We Will Rock You" by Queen, "YMCA" by the Village People, and "Jump Around" by House of Pain—had the entire crowd clapping, stomping, and singing along in a full-on party atmosphere.

Then came Luke, strutting through the curtains in a pink tiara, purse, and tutu, instantly capturing the crowd's attention. With a crew of campers twirling pink ponies and hula hoops, Luke delivered a spirited performance of "Unwritten" by Natasha Bedingfield. By the time the chorus hit, nearly every camper was singing along—it's amazing how many lyrics our Nabby audience has memorized!

The second semi-final matched Ty from Swim against Emilio from Columbia.

Ty brought the energy right away with "Dynamite" by Taio Cruz followed by "Shut Up and Dance" by Walk the Moon. His animated stage presence and flawless lip syncing had smiles across every face and the audience totally engaged. But Emilio cranked things up even higher. Dressed in a dazzling red sequined jacket, he delivered "Replay" by Iyaz and "Party Rock Anthem" by LMFAO. His sharp dance moves and high-octane performance had the crowd screaming for more—it was a showstopper!

And now, the moment we've all been waiting for... advancing to next week's grand finale and the chance to hoist the Lip Sync trophy are Paul and Emilio!



Finalist Paul from Brown



Finalist Emilio from Columbia



2024 Champion Luke



Ty from Swim

# THE WONDER OF NATURE AT NABBY

Nature at Nabby is one of our most popular activities, giving campers a chance to experience the great outdoors in exciting and memorable ways. This summer marks the 29th year (wow!) that the program has been led by Rick Lee—better known around camp as “Ranger Rick.” He’s joined by an enthusiastic team of assistants: Alexis, Sophia, and Jason.

The program takes place in two main spots: the Nature Center, home to Nabby’s animals and reptiles, and the Nature Trail, where campers can explore the natural world up close. The Nature Center’s residents are beloved by all, and this summer the family has grown with some new additions—Sasha the California King Snake, two lively lizards, and a Kenyan Sand Boa!

On the shady Nature Trail, campers dive into hands-on adventures. They’ve gone animal tracking (spotting baby hawks and even fawns!), picked raspberries, roasted s’mores at campfires, and explored a shallow, muddy stream. Along the way, many campers have proudly caught frogs, newts, and snails. Senior campers have especially enjoyed more advanced challenges like making fire with friction, tackling longer hikes, and making exciting new discoveries in the woods.

Rick states, “My goal is to develop and inspire a genuine respect for the natural world. If our campers learn to enjoy and understand more about the environment, they’ll do their best to protect it.” At Nabby, we believe that connecting with nature is essential for every child’s growth and development—and we’re grateful to have our nature team leading the way in fostering a love for the outdoors.



# SEEN AROUND CAMP!



Congratulations to Patrick in the Williams group for setting a new Nabby swim record for 8 and under freestyle and backstroke!



A friendly shark sighting on the Nabby stage!



Honoring an amazing group of 5-year counselors from left to right: Adam, Sklyer, Abby, Robbie, Aimee, Dame, Sydnee, Audrey & Obi



Feeling Groovy!! A spirited & colorful Tie-Dye Day!



Scavenger Hunt Victory for Penn! The Penn group celebrating their Senior Camp Scavenger Hunt victory and one of their finds: A vintage Penn Spirit Week plaque!!

