

NABBY NEWS



WEEK 3 JULY 14TH - JULY 18TH

HEROES & HELPING HANDS!

HELPING HANDS, FULL HEARTS: NABBY GIVES BACK

Our Nabby community came together in a big way during “Helping Hands” Week, and we couldn’t be prouder of our campers—or more grateful for the generosity of our families.

Throughout the week, we shared stories of kindness and good deeds on our “Helping Hands” wall. We invited a few campers on stage to share their stories with our camp community. It was a joy to watch it fill up each day with handwritten thank-you notes from campers and staff, celebrating everyday moments of care and connection. We also united around a meaningful cause: a summer clothing drive to benefit the Community Center of Northern Westchester. What began with just a few bags on Monday morning quickly turned into overflowing tables filled with donations from so many of you. Campers took pride in their contributions and loved seeing the growing collection each day.

Thanks to your incredible generosity, we delivered 344 pounds of clothing to the Community Center—wow! It was a special week of giving, gratitude, and community spirit. Thank you for helping us spread kindness—both at camp and beyond.

THE WEEK AHEAD...

WEEK OF JULY 21ST - JULY 28TH



SPIRIT WEEK!

MONDAY THROUGH FRIDAY

Each group will take the stage to show their Nabby spirit!



WEDNESDAY, JULY 23RD

SENIOR CAMP EPIC!

Predator & Prey!



THURSDAY, JULY 24TH

HARLEM WIZARDS!

Junior & Senior Camp show with trick hoops & alley oops!



A SUPER DAY AT NABBY!

From our local police and firefighters to Superman and Wonder Woman, Nabby was bursting with heroes on Superhero Day!

We kicked off the morning with some fun alongside Scooter, followed by an action-packed show on the Nabby stage where famous superheroes saved the day and “rescued lunch” for all our campers!

In the afternoon, we welcomed real-life heroes from the Mohegan Volunteer Fire Department, Mohegan Ambulance, Air National Guard, and the Yorktown Police Department. Our campers loved exploring emergency vehicles, learning about the gear, hearing stories from the field, and (a definite highlight!) watching a live water hose demonstration.

Superhero Day reminded us how lucky we are to be protected by everyday heroes and inspired by the ones who live in our imaginations.



TUMBLING INTO CONFIDENCE: INSIDE NABBY'S GYMNASTICS PROGRAM

Nabby's gymnastics program is led by Jackie Brunell, a school-based pediatric physical therapist and lifelong gymnast. Jackie's love for gymnastics began at age three when she first stepped onto the mat, and she went on to compete for ten years. Today, she brings her passion for movement and working with children to her professional career—and her summers at Nabby.

Jackie is joined by her college-aged assistants, Gianna and Holly. Gianna brings a background in competitive cheerleading, while Holly is a former competitive gymnast. With Jackie's expertise in physical therapy and their combined experience, the team is able to adapt and personalize lessons for all levels—from first-timers to seasoned gymnasts.



Throughout the week, campers participate in 30-minute classes tailored to their age and ability. Pre-K campers practice foundational skills like forward rolls and walking on a ground-level balance beam. Junior campers may move on to cartwheels and handstands, while Senior campers—during interest periods—work on more advanced routines such as back handsprings over the barrel, side aerials, and jumps like tucks, straddles, and pikes. Campers also take on “hold” challenges including planks, tabletops, and superhumans.

What does Jackie love most about teaching at Nabby? *“The strong community here—and when a camper steps out of their comfort zone, tries something new, has success, and then wants to keep doing it!”*

She adds, *“When a young camper tells me they love gymnastics and will choose our program again as a Senior camper, that makes me so happy!”*

Last summer, many campers had the opportunity to showcase their skills during Nabby's end-of-season send-off show—and with so many enthusiastic gymnasts this year, we hope to do it again!

THE FACES OF NABBY!

Meet the faces of Nabby! Each week, we're featuring campers as they share their favorite moments and memories from around camp.

THIS WEEK AT NABBY: WE CELEBRATE CAMPERS AND THEIR GOOD DEEDS!!



Dylan - Princeton
Pictured with Assistant Counselor Chloe

Dylan cleaned the entire table in art without being asked!



Lyla - Barnard

Lyla was very helpful and took time to clean up photo signs after a birthday celebration to support her friend.



Holden - Stanford
Pictured with Head Counselor Jen

Holden was very kind and helped a friend clean up after lunch!



Leah - Wells
Pictured with Head Counselor Letty

Leah cheered on her friends and encouraged them to reach the top of the rock wall!



Chase - Brown
Pictured with Head Counselor Paul

Chase demonstrated great teamwork playing sports with his friends



Madison - Smith
Pictured with Head Counselor Amy and Assistant Counselor Kailee

Madison gave her friend a high-five & said good job at Gaga! And she did a great job sharing with her friends.



Bea - Smith

Was so nice and gave three friends golf clubs when she noticed they didn't have any at mini-golf!



Have a suggestion for next week's question?

Send your ideas to jeanie@campnabby.com

SEEN AROUND CAMP!



We were thrilled to present over 70 campers celebrating five memorable years at Nabby with a special 5-year jersey!



Turtally awesome week at Nature!



Silly Faces from Photo Day!

HOLLYROCK GAME SHOW BRINGS THE ENERGY!

Hula hooping, dancing, cheering, and nonstop giggles - the Hollyrock Game Show had it all!

Our junior and senior campers brought the energy and the smiles for a fun-filled afternoon.



MEET NABBY'S AWARD-WINNING DANCE TRIO

We're proud to have a trio of dance champions at Nabby this summer! Melina (Jackson counselor), along with Mariah and Phoenix (music/dance instructors), have been dancing together since 8th grade. Last summer, the three won a national title in group hip hop as part of the Starstruck Dance Studio.

This summer, Phoenix kept the momentum going—competing at the DECA Dance Competition in Pennsylvania and winning another national championship in group hip hop. Congratulations, Phoenix!

LIP SYNC WEEK 2 - A SHOWDOWN OF STARS!

The second week of Nabby's Counselor Lip Sync Contest brought another high-energy, laugh-filled morning for our campers!

First up, Jake from Columbia kicked things off by announcing last week's winners — **Ty from Swim and CJ from Williams** — as voted by the campers themselves. Big cheers all around!



Then it was time to raise the curtain on this week's performers. Taking the stage first was Vinny from Tulane, who took us on a groovy trip back to the 1970s. With his Tulane campers in tow, decked out in colorful hats, Vinny lit up the stage with a lively lip sync of ABBA's "Dancing Queen." His up-close-and-personal style and his back-up campers' spirited dancing made this timeless hit feel brand new — and it was a clear crowd hit!



Next came Paul from Brown, who kept the momentum going with a modern hit: "APT" by Bruno Mars. Paul brought serious sparkle to the stage, joined by a squad of counselors and standout dance moves from Music's Mariah and Phoenix. The energy was electric and had the whole camp engaged and singing along.

So, who's taking home the crown this week? You'll have to wait until next Thursday to find out! Stay tuned — the competition is only heating up!

