



SUMMER 2025

FAMILY PLAYBOOK

CAMP DATES:

Monday, June 30th through Thursday, August 21st

No Camp - Friday, July 4th



WELCOME TO CAMP NABBY SUMMER 2025!

We're so excited to welcome your child(ren) to Camp Nabby! This Playbook is designed to help you feel fully prepared and confident as the summer approaches. Inside, you'll find everything from what to pack to how to follow along with your child's day. Our goal? A smooth, safe, joy-filled experience for your camper — and peace of mind for you.

Our Program

We believe that fitness, play, education, laughter and family are pillars of a healthy and happy experience at Camp Nabby. With that in mind, our program offers a full day of age-appropriate athletic and non-athletic activities, grouped by age and grade. We focus on building skills, confidence, and friendships in a nurturing and spirited environment.

If you ever have a question, reach out! We're here to help.

Contact Us:

Phone: 914-528-7796

Email: info@campnabby.com

Website: www.campnabby.com

Welcome to **CAMP NABBY**

CAMP DATES 2025

Week 1 - Monday, June 30 through Thursday, July 3rd

Please note: No camp on Friday, July 4 (Independence Day)

Week 2 - Monday July 7 through Friday, July 11

Week 3 - Monday, July 14 through Friday, July 18

Week 4 - Monday, July 21 through Friday, July 25

Week 5 - Monday, July 28 through Friday, August 1

Week 6 - Monday August 4 through Friday, August 8

Week 7 - Monday, August 11 through Friday, August 15

Week 8 - Monday, August 18 through Thursday, August 21

Camp Hours: 9 AM - 4 PM (Monday-Friday)



HEALTH AND SAFETY



SAFETY FIRST

At Nabby, nothing matters more than your child's safety.

Here's how we ensure a secure and supportive camp experience:

- **On-Site Health Director:** Our Health Director handles all medications, first aid, and health needs from our Health Office.
- **Water Safety:** All our swim staff are certified lifeguards, trained to maintain constant supervision during all swim activities.
- **Camp-wide Safety Protocols:** Our leadership team and staff are trained in emergency procedures and child supervision standards.
- **Supervision:** Our seasoned staff and camper to staff ratio ensures every camper is seen, supported, and cared for throughout the day.
- **Hydration & Shade:** Water stations and shaded areas are available throughout camp to keep everyone cool and hydrated.
- **Camp Grounds & Facilities:** Well-maintained by our three full-time maintenance staff who keep our property clean and safe for our campers to enjoy.



HEALTH OFFICE

Our Health Director(s) manages the health & well being of our campers and will provide medicine/ treatments as directed.

If your child is seen by the Health Director, you will receive a call or email with details regarding the care given, and further instructions, if needed. We keep a record of all interactions with our health office.

Immunization Forms: Per Westchester Department of Health requirements, it is imperative we receive all completed immunization forms prior to the start of camp.



SANITATION & HAND WASHING

We take great pride in the cleanliness of our facilities and clean frequently shared surfaces throughout the day.

We encourage all campers and staff to wash hands throughout the day, upon arrival, before and after meals, after using the restroom and after activities. Our camp features many hand wash facilities and hand sanitizer stations located throughout the property.



NOT FEELING WELL?

We ask that anyone in our Nabby community (staff, children) who are feeling sick or have a temperature of 100.4 or above, please stay home and do not come to camp.

If your child tests positive for covid-19, strep or any communicable illness, please call the camp office and let us know. Your child should stay home until they are fever free for 24 hours and cleared to return to camp by their doctor.

All absences due to illness should be reported to the camp office by 9 am so we can plan for the group activities accordingly.



A DAY IN THE LIFE



STAFF

We are incredibly proud of our staff and fortunate to have a seasoned team of teachers, educators, parents, and specialists leading our camp programs and groups. Many of our college age and high school counselors attended Nabby and are very familiar with our program and new staff are typically recommended by other counselors who work here!

All camp staff attend mandatory staff training and orientation prior to the start of camp so they are ready to share a wonderful Nabby experience with your children.



SCHEDULE

Each group has an assigned weekly schedule to ensure equal parts athletics, exploration and creative activities. Schedules vary slightly day-to-day with Instructional Swim, Lunch and Free Swim, the only activities scheduled every day at the same time.

Throughout a regular camp day, counselors will determine the best use of field space and designated play areas; our staff is encouraged to mix things up to keep campers active and engaged. Each activity is approximately 30 minutes except for instructional swim (20 minutes) and Senior Camp Epics and Interest Periods.



RAINY DAY SCHEDULE

Rain or shine, we have a great program planned for your children at Nabby!

On rainy days, we have a special "Rainy Day" schedule designed to keep our campers active and dry. We are fortunate to have 13 covered facilities in addition to each group having their own bunk, which allows us to continue activities ranging from music to mini-golf, arts & crafts to basketball/hockey, dodgeball and short films in the Nabby Dining Room!



GROUPS

We have 26 groups at Camp Nabby, each one named after a college or university (except for our Pre-K Pups and Cubs!). Campers are grouped based on their age and grade they are entering in September.

Our campers range in age from 3 to 13 and are placed in either our Pre-K, Junior Camp (Kindergarten through 3rd grade) or Senior Camp (4th grades through 8th grades) divisions.



WHAT TO BRING EACH DAY

Within their group bunk, each camper has their own cubby at camp and we'll assist our campers in keeping their personal belongings organized. Please be sure to label everything!

- Two swimsuits & two towels (or wear a bathing suit to camp)
- Refillable water bottle
- Sunscreen (apply before camp; we'll reapply as needed)
- Change of clothes to leave at camp for our youngest campers
- Optional: Pool shoes, Swim goggles

What to wear:

- Comfortable, athletic clothing.
- Sneakers (for safety reasons, no sandals or crocs please)
- Cooler, rainy days: Sweatshirt, light rain jacket

Camp Nabby provides:

- Two snacks and lunch daily (see page 6 for menu)
- All sports equipment and supplies

Please leave at home:

- Personal electronics
- Anything valuable
- Toys, stuffed animals

INCLEMENT WEATHER

Camp is scheduled rain or shine, with the exception being if we expect a severe weather event (ie Tropical Storm/Hurricane).

If severe weather is forecast, we will notify all families the evening prior and will confirm any camp cancellation early that morning to give you time to make alternate plans for the day. We will provide notification via our mobile app and text message.

CAMPER BEHAVIOR EXPECTATIONS

We believe that a successful summer starts with kindness, respect, and a positive attitude. We expect all campers—from our youngest to our oldest—to treat others with care, listen to their counselors, and follow daily routines and camp rules.

Our goal is to create a safe, welcoming environment where everyone can have fun, try new things, and build lasting friendships. We know that campers may need reminders and guidance along the way, and our staff is here to support and encourage positive behavior every step of the journey.

We appreciate your partnership in reinforcing these values at home to help make this summer the best it can be for everyone!

TRANSPORTATION

We offer round-trip transportation via either our Satellite Buses or door-to-door. Each bus is staffed with a Nabby bus monitor and driven by a licensed professional. You'll receive a personalized transportation email in late June with your child's exact pick-up and drop-off details.



BUS TRANSPORTATION

YOUR RIDE TO AND FROM CAMP

- We partner with Chappaqua Transportation, a trusted provider we've worked with for over 30 summers.
- All drivers are trained in safe, courteous driving and complete a trial run prior to the start of camp.
- Each bus includes at least one Bus Monitor—a Nabby counselor—who will reach out via phone or text in the days before camp to introduce themselves and share important information.
- Buses dismiss around 4:00 pm daily. We'll notify you via text of any unexpected delays.

SAFETY NOTES:

- Campers age 3 must use a car seat, provided by the bus company.
- All campers must remain seated and wear seat belts during the ride.
- No eating (only drinking allowed) on the bus.
- Our goal is to make every ride to and from Nabby safe and enjoyable!

DOOR-TO-DOOR & SATELLITE BUS SERVICE

- If using door-to-door service, your Bus Monitor will also leave a note at your home with pick-up/drop-off times.
- If you have not heard from your Bus Monitor 48 hours before camp begins, please contact the camp office.
- On the first day of camp, please have your child ready 5-10 minutes early to help establish the routine (and make sure they wear nametag!)

DOOR-TO-DOOR & SATELLITE BUS SERVICE

- **Door-to-Door Riders:** The Bus Monitor will step off the bus to greet your child and help them board.
- **Satellite Bus Riders:** The Bus Monitor will be stationed outside the bus, welcoming families and greeting campers with a smile.
- **Please note:** If your camper(s) will be absent from camp, please notify your bus monitor before your scheduled bus pick-up time so we do not wait for your camper(s). Thank you!



PARENT PICK-UP & DROP-OFF PROCEDURE

Parent Drop-Off/Pick-Up: If you're driving your child, our car line runs smoothly with staff members helping campers safely to and from your vehicle.

PRE-K DROP-OFF AND PICK-UP:

- **Drop-Off:** Between 8:40-9:00 am at the Front Gate (corner of Tamarac Street & Nabby Hill). Please remain in your seat—our staff will assist your child in and out of the car.
- **Pick-Up:** At 3:45 pm in front of the White House at 1 Nabby Hill. Please display your **GREEN** windshield card for identification.

JUNIOR CAMP (K-3RD GRADE) DROP-OFF AND PICK-UP:

- **Drop-Off:** Between 8:40-9:00 am at the Front Gate (Tamarac Street & Nabby Hill). Stay in your seat; our staff will assist your child in and out.
- **Pick-Up:** Begins at 3:50 pm at the front gate. Cars should line up along the green fence on Tamarac Street.
- Junior Campers with Senior Camp siblings will dismiss at 4:00 pm with Senior Campers.
- Please display your **YELLOW** windshield card for identification.

SENIOR CAMP (4TH-8TH GRADE) DROP-OFF AND PICK-UP:

- **Drop-Off:** Senior Campers with Junior Camp siblings: Use the Front Gate (Tamarac Street & Nabby Hill) between 8:40-9:00 am.
- Senior Campers without Junior Camp siblings: Drop off on Dale Street at the camp's back entrance.
- **Pick-Up:** For families with both Junior & Senior Campers: Pick-up begins at 4:00 pm at the Front Gate. Please line up along the green fence on Tamarac Street.
- For Senior Campers without Junior siblings: Pick-up is at 4:00 pm from the Dale Street parking lot.
- Please display your **ORANGE** windshield card for identification.

IMPORTANT REMINDERS:

To help ensure a smooth dismissal process, we ask that families adhere to the listed times and avoid arriving early.

Senior Camp pick-up should not begin before 4:00 pm, allowing time for Junior Campers to safely dismiss.

Please remain in your vehicle—our staff will bring your child to you. Thank you for your cooperation!

EARLY PICK-UP & LATE ARRIVALS

- **Early Pick-Up:** Must be before 3:00 pm and arranged in advance via email or phone. Your child will be brought to the Front Gate for sign-out. Please remain in your car.
- **Late Arrivals:** Please call or email the office in advance. Park in front of the Main Gate (corner of Tamarac Street & Nabby Hill) and walk your child to the camp office. We will check them in and escort them to their group.

FOOD & DRINKS



LUNCH & SNACK

Nabby provides all campers with a catered lunch and two snacks each day.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Tenders Vegetables Tater Tots Roll/butter Dessert	Pasta with Meatballs Italian Bread Dessert	Chicken Nuggets Mac n' Cheese Vegetables Roll/Butter Dessert	Nabby's Famous BBQ CHOICE OF: Beef Hamburgers (fresh from Hemlock Hills Farm) Veggie Burgers Hot Dogs Turkey Dogs (on request) Potato Chips Dessert	Pizza! (gluten free on request) Ice Pops

Milk and Chocolate Milk also provided daily

DAILY SUBSTITUTIONS

Daily substitutes for lunch will include salad, bagels, sandwiches, yogurt, cereal and/or fruit.

Please note: We are a nut aware camp. No items that contain nuts or are processed in a facility with nuts are served.

Daily snacks include seasonal fruit, vegetables, cheese & crackers and plenty of water!

Ice Cream is also served to campers twice a week on Tuesdays and Thursdays.

SPECIAL DIETS & ALLERGIES:

Nabby is nut-aware — we do not serve food with peanuts or tree nuts. If your child has food allergies or dietary needs, please let us know via your camper's health forms and contact us directly with any questions.

STAYING HYDRATED

We recommend campers bring their own labeled water bottles and we will encourage refills throughout the day. We have water fountains and filling stations throughout camp to provide easy access for refills.



SWIM PROGRAM

At Nabby, safety and skill-building go hand in hand in the pool! Our swim program is under the direction of our Aquatics Director and staff of Lifeguards and Water Safety Instructors.

All campers have scheduled swim periods twice a day. The morning swim is an instructional swim taught by our own lifeguards and our specialized staff with W.S.I (Water Safety Instructor) certification. Our afternoon swim is recreational and “free” and supervised by assigned seated group counselors and our lifeguard staff.

In both periods, campers are paired with a “Buddy” that is to be in close proximity throughout the swim.



SWIM LEVELS:

Red Band - Non Swimmers

With camper safety as our primary concern, all non-swimmers will be in water depth of chest/shoulder high or lower. They may, in our instructional swim only, be in deeper water with their swim instructor. All non-swimmers will be issued and must wear to swim, a **RED** wristband for counselor and life guard identification.

Green Band - Middle Pool/Shallow end of Large Pool

To swim in our middle size or large pool, where the depth is above chest/shoulder height, campers must prove their ability in our “Swim Quest” by swimming the length of our middle pool (44 feet), tread water for 60 seconds, and retrieve an object from the pool bottom. Swimmers achieving this quest, will be issued **GREEN** wristbands, and are allowed to swim in our middle pool and shallow end of our large pool (both up to 5 feet deep).

Blue Band - Large Pool

To qualify for the deep end of our large pool, with our diving board and water slide, campers must swim the pool length (90 feet) as well as tread for 60 seconds and retrieve an object from a depth greater than 5 feet. These swimmers will be issued a **BLUE** wristband, our highest qualification.

One last splash:

All campers are evaluated at the beginning of their camp session and continually throughout the summer.

In addition to swim lessons, all campers enjoy free swim to cool off, splash around, and have fun with friends!



Red Band - Non Swimmers



SMALL POOL
2' DEEP

SMALL POOL
3' DEEP

Red Band - Non Swimmers

Green Band - Middle Pool/Shallow end of Large Pool



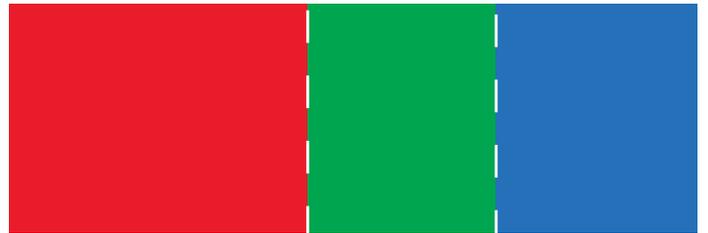
MIDDLE POOL
SHALLOW END - 3'-4' DEEP
(non-swimmers cannot go in water over chest height.)

MIDDLE POOL
DEEP END 5'

Red Band - Non Swimmers

Green Band - Middle Pool/Shallow end of Large Pool

Blue Band - Large Pool



BIG POOL
SHALLOW END - 3'-4' DEEP
(non-swimmers cannot go in water over chest height.)

BIG POOL
3'-5'

BIG POOL
DEEP END 10'

SPECIAL EVENTS, GEAR & STAYING CONNECTED!



SPECIAL EVENTS

CAMPER BIRTHDAYS

We will celebrate camper birthdays this summer by capturing a special photo of the birthday camper and sending it home as a gift from Nabby. Due to our nut aware policy, we discourage sending in birthday treats for the group.

THEME & DRESS UP DAYS

Throughout the summer we like to schedule a variety of theme/dress up days, which allow our campers (and counselors) to show a little extra style! Examples include SuperHero Day, Team Jersey, Wacky Socks and Pirate Day!

We encourage our Nabby community to be creative and have fun (please note participation is not required). You can follow along with our special theme and dress up days on our 2025 Summer Calendar featured in our mobile app and this information packet.



CAMP GEAR & MERCHANDISE

BACKPACKS, TOWELS AND T-SHIRTS

Families are invited to pick up a Nabby backpack, towel and t-shirt for each camper beginning on June 1st and every weekend throughout the month of June between 10 am and 2 pm or during the week by appointment.

If you would like additional Nabby gear (sweatshirts, tees/tanks, shorts & more), we have a year-round online camp store you can access via our mobile app & on our website - campnabby.com!



CAMP PHOTOS & PICTURE DAY

We have camp photographers on site who capture daily photos and post them at the end of each day in our Camp Nabby mobile app and online in our parent portal on campnabby.com. We also offer facial recognition via our mobile app, to allow you to create a distinct photo album featuring your camper.

We have one Photo Day at camp to capture portraits and group photos scheduled for Tuesday, July 15th. Your photo package will be delivered to your camper a few weeks after the session date.



CAMP COMMUNICATION

We offer a few different ways for you to stay in touch with Nabby through the summer:

- Please be sure to download our mobile app from the App Store or Google Play - Search for Camp Nabby. Check in daily to view camp news, schedules, photos and more!
- Check out all the scoop from camp in our weekly email newsletter, the Nabby News!

PARENT OUTREACH

During the camp day, our camp office handles all parent inquiries and phone calls. You will always find a welcoming voice when you call or need support! You will also receive information specific to your child's group and counselor bios prior to the start of camp so you can learn more about our wonderful staff!

As always, please feel free to contact us at info@campnabby.com or call during camp hours at (914) 528-7796 if you have any further questions.



STAY CONNECTED

We know how much you love seeing your child's day! Here's how we keep you in the loop:

- **Camp Nabby App:** Download the Camp Nabby app for daily photos, reminders, and updates. You'll receive an email with login instructions before camp starts. We will also share important camp reminders via push notifications.
- **Instagram:** [@campnabby](https://www.instagram.com/campnabby)
- **Facebook:** [Camp Nabby](https://www.facebook.com/CampNabby)
- **YouTube:** [Camp Nabby](https://www.youtube.com/CampNabby)
- **Phone & Email:** You can always call or email our office with questions, concerns, or to pass along a message to your camper.

LET'S MAKE THIS SUMMER AMAZING!

From sports and swimming to arts and friendship, Nabby is a place for your child to grow, laugh, and thrive.

Thank you for trusting us — we can't wait to see your camper soon!

With warmest wishes,

 **Your Nabby Team**