

NABBY NEWS



WEEK 5 JULY 29TH - AUGUST 2ND

PIRATES, CRAZY HATS AND GEMSTONES!

YO HO HO IT'S A NABBY LIFE FOR ME!

Pirate Day is one of our most beloved theme days at Nabby and this summer, our campers showed why they are the fiercest pirates in the seven seas! Pirate outfits complete with eye patches, tricorne hats, vests, parrots and boots were seen throughout camp!

We began the morning gathered around the big pool to watch the swim staff participate in a pirate themed scavenger hunt with "walking the plank" being the penalty for elimination. One by one, our staff went off the diving board to the chants of "walk the plank" and "belly flop" until a winner was declared in a special boat race up the pool.

Our youngest campers were also invited to a scavenger hunt, where they were given clues to buried treasure throughout camp and awarded with jewels, gold coins and Scooter stickers as their reward!

Throughout the week campers created pirate themed arts & crafts including treasure boxes, pirate ships and a spyglass! And in Nature, one of our young chicks enjoyed sitting atop campers just like a pirates parrot! And our snack for the day? You guessed it - Pirate Booty!



THE WEEK AHEAD...

MONDAY, AUGUST 5TH - FRIDAY, AUGUST 9TH

GRIT NINJA WEEK!

Are you ready to be gritty?



TUESDAY, AUGUST 6TH

TROPICAL LUAU DAY!

Grass skirts, leis and limbo!

JESTER JIM SHOW!

Juggling & beat boxing fun!



WEDNESDAY, AUGUST 7TH

SR CAMP EPIC EVENT

Apache Relay

FRIDAY, AUGUST 9TH

DISNEY DAY!!

The most magical day at Nabby!



All our group videos from Spirit Week are now available on Nabby's YouTube channel (Camp Nabby) and mobile app. We hope you enjoy the performances!!!

OLYMPIC GAMES AT NABBY!

Our third grade groups (Bates, Bryn Mawr, Williams, Dartmouth) competed in a Junior Olympic events throughout the week. Campers were divided into red and white teams and enjoyed four days of competition rotating through four special activities: kickball, gaga, dodgeball, and cooking. The games were evenly scored after day one and two with the red team taking the lead after day three. The culminating event had all groups participating in a game called "Flag", similar to capture the flag. In a thrilling finish, the red team scored on the final play of the game to win the game and seal the Junior Olympic championship!



GYMNASTICS PROGRAM TAKES THE SPOTLIGHT

Nabby has a new gymnastics staff and program this summer, led by Jackie, a school-based pediatric physical therapist who competed in gymnastics throughout her life.

Jackie's love for gymnastics started when she began taking classes at just 3 years of age. She was a competitive gymnast for 10 years and has combined her passion for movement and working with kids in her professional career and summer at Nabby.

Jackie came to Nabby through her fellow mom friends and is thrilled to have her three children also in camp.

"They are loving it", Jackie says. "My little one has learned how to swim and for my two boys, who are athletically minded, it is the perfect fit. They are living their best lives! Meeting new friends and learning new games".

At Nabby, Jackie and her college age assistants Sydnee and Theresa, teach a variety of campers from competitive gymnasts to those who have never stepped on a mat. Jackie will lean in on her physical therapy background to modify or advance a program specific for each camper.

With the spotlight on the Summer Olympics and the sport of gymnastics, Jackie, Sydnee and Theresa use that to motivate campers and encourage sportsmanship and resilience.

In 30 minute classes throughout the week, pre-k campers work on forward rolls and walking on a ground level balance beam; Junior campers might advance to learn cartwheels and handstands and in senior camp interest periods, our campers are working on more advanced routines including back handsprings over the barrel.

What does Jackie enjoy most about teaching at Nabby? "I am really loving when a camper steps out of their comfort zone and tries something new...has success and then wants to keep doing it!"

Jackie adds, "You can see the pride on their face and it makes your heart so happy!"



Nabby's gold medal gymnastics team: From left to right: Sydnee, Theresa and Jackie



NABBY HONORS 5 YEAR CAMPERS!

Last Monday, we celebrated more 5 year campers with a special Nabby jersey and ceremony in front of the entire camp. We love seeing this special group of campers grow up at Nabby and hope to see them all in 5 more years when they reach the 10 year milestone!



NABBY TENNIS PROGRAM

Our tennis program this year is led by a staff of Nabby veterans. Head counselor Dave Graham has been at Nabby for 15 years and says "the tennis program at Nabby for both the junior and senior campers has been very popular and an ongoing introduction to a lifetime sport". Dave played collegiate tennis at Boise State University, and during the school year coaches high school varsity tennis in California. His assistant counselors, Jack, Alec and Lucy, were all Nabby campers before becoming counselors and have been together as a teaching team for a number of summers. Jack has been at Nabby for an incredible 19 of his 22 years, starting as a Cub!

The senior camp has tennis instruction every morning, and for those who want to improve their skills, they are able to choose tennis as an interest period in the afternoon.

For campers in second and third grade, tennis is offered twice a week on our smaller junior courts. These lessons have lower nets and smaller, age appropriate racquets. Starting the junior program some years ago at Nabby has definitely increased the participation and interest in the sport as our campers continue on to senior camp.

With the US Open only a few weeks away, maybe someday we might see one of our Nabby campers there as a player!



Nabby Tennis staff from left to right: Dave, Jack, Alec & Lucy



SEEN AROUND CAMP....

Campers of all ages enjoyed gem stone mining earlier in the week. Our campers sifted thru hundreds of stones to discover the special ones they wanted to keep. Sparkly, shiny crystals, genuine gemstones and even shark teeth!



Crazy hats and wild wigs added so much fun to our day at camp earlier this week. There were many homemade creations including the fast food tribute and slinky hat pictured below. Great job campers!!



A Nabby tradition! Out on the Nature trail enjoying s'mores around a campfire with friends.



GREAT CHASE RACE WAS EPIC!

This past Wednesday the senior camp was divided into eight separate teams, and competed in a series of 24 events in the annual Great Chase Race. The objective was to compete in a series of events and total as many points as you can as a team - while also racing throughout camp to gain even more points for finishing! Events included a home run derby, a lacrosse and field hockey shootout, art design using watermelon rinds, a counselor pull up contest, olympic trivia, hula hooping, archery and more!

After tallying the points the White 3 team consisting of boys and girls from Radcliffe and Tulane were victorious. Adam from Tulane said his favorite event was the Home Run Derby because he loves baseball and Stella from Radcliffe liked the gymnastics plank competition and was thrilled that she held her plank for a full minute!! All teams did a marvelous job and less than 100 points separated all 8 teams!

Congrats to Captains Marc (Tulane) and Allie (Radcliffe) on leading the White 3 team to victory! Stay tuned for next week's epic games as all the campers participate in the Apache Relay!



LIP SYNC ROCKS!

The counselor Lip Sync competition continued this week as Emcee Jake from Columbia announced last week's winner, Bobby from Aerial Adventure, and introduced two new acts on the Nabby stage.

First up were the Nabby Lifeguards celebrating the Olympic spirit with "Party in the USA" by Miley Cyrus. The entire pool staff rocked the stage with flags, cowboy hats and energetic dance moves, complete with a cartwheel ending in a split by Samantha!

Next up was Vinny from Tulane bursting out of the curtain with "Bye Bye Bye" by NSync. Accompanied by his Tulane co-counselors, Marc (in a Deadpool costume) and Abid, Vinny jumped, danced and ran all over the stage as the campers joined in and sang the song's "Bye Bye Bye" chorus.

This will surely be a close contest - will it be the Lifeguards or Vinny??? The camper's votes will be tallied and the results announced next week!

