NABBY NEWS WEEK 7 AUGUST 11TH

DISNEY, BELLY FLOPS & HELPING HANDS!

HELPING HANDS WEEK SPRINKLES KINDNESS THROUGHOUT NABBY

Our Nabby community came together during our "Helping Hands" Week and we are so proud of our campers and thankful for the generosity of our families. We shared stories of good deeds at camp on our "Helping Hands" wall and were thrilled to see it get filled each and every day with handwritten thank you notes!

We also joined together as a community to help others in need, with our food collection to benefit the Community Center of Northern Westchester. What started with a few cans on Monday morning, became overflowing bags and tables covered with donations from so many of you! Our campers were proud of their contributions and were excited to see the collection on display each day. We will add to the collection with our non-perishable items from the kitchen at the end of the season and will make a special Camp Nabby drop off at the Community Center based in Katonah.

Lastly, campers of all ages from our pre-k groups to our senior campers, waded and swam laps for Project Morry, a non-profit organization benefitting underserved youth. Our campers seemed to really enjoy their collective effort and at our last count, swam over 1000 total laps! Nabby is proud to make a donation on behalf of our campers efforts. All in all, it was a wonderful week celebrating good deeds and we thank all of you for joining us to spread kindness, both inside and outside of camp!





Campers giving it their all in swimming laps for Project Morry





Our Helping Hands Wall and Food Collection table along with the smiles from our campers, brightened Nabby throughout the week!





THE WEEK AHEAD...

WEEK OF AUGUST 14TH - AUGUST 17TH

MONDAY & TUESDAY - AUGUST 14TH & 15TH

SENIOR CAMP EPIC - COLOR WAR! It's Red vs White in the final Epic competition of the summer!

WEDNESDAY, AUGUST 16™

JUNIOR GIANT - SCAVENGER HUNT! Dartmouth, Williams, Bates & Bryn Mawr Groups

THURSDAY, AUGUST 17TH

LAST DAY OF CAMP





NABBY PRIDE DAY! Wear anything and everything Nabby to celebrate a wonderful summer!

JESTER JIM!

We end the summer with laughs and good fun with Jester Jim!

ENROLLMENT FOR 2024 IS NOW OPEN!!!



It's hard to believe the end of our 2023 camp season is upon us! We are already planning for next summer and have opened up enrollment for our **84th summer at Nabby in 2024!**

If you plan on returning (and we hope you do!) we recommend families enroll early to lock in their spots.

Camp was at full capacity this summer and we expect the same for next summer!

BELLY FLOP MAKES A SPLASH!

The excitement and buzz was building all week for one of Nabby's most anticipated and beloved counselor event...the Belly Flop Contest!

As the entire camp surrounded our big pool, Matt stood atop the slide and, with the help of his "hatman", Jake, announced the start of the contest. As the campers chanted "Belly Flop, Belly Flop", Matt changed his crazy hats and each contestant made their way to the diving board to flop and be awarded scores (from 1 to 10) by our esteemed panel of 5 judges. Scores ranged from single digits and an "awww" from the crowd to a perfect score of 50 for Jack from Duke and an "ooooh" and loud cheers from the campers. A special shout out to first time counselor Tahlia from Cornell who wore a shirt signed by all her campers! They also showed their support with encouraging signs they created! Another first time participant, Ben from the swim staff, had the most original flop as he included a full twist before landing on his stomach!

With the first round completed, the good news and bad news was announced. Good news for the 5 semi finalists, yet bad news that they had to flop again! The 5 semi finalists with scores ranging from a perfect 50 to a 41 were Jack from Duke, Luke from Penn, Ben from swim, Mike from Penn and Bobby from Aerial Adventure.

After the semifinal round, the two finalists were announced and had to do ONE more flop with the campers applause to determine the winner.

With family dynamics involved, our two finalists were cousins Jack from Duke and Luke from Penn! Being cousins and good sports, they wished each other good luck for their final flop.

The camper vote by cheers and applause resonated through the neighborhood as families two blocks away would attest!

After a very close vote, Luke was named the Belly Flop champion of 2023, duplicating his feat of 2021.









SCAVENGER HUNT EPIC EVENT!

The last Senior Camp EPIC event before next weeks Color War was the annual Scavenger Hunt. Rather than dividing the older groups into Red and White teams, this event pitted our 8 Senior Camp groups against each other.

Each group was given a list of items to find around campus with different point totals. The items the most valuable, a photo of a clean bunk and an up-to-date bunk refrigerator chart, were each worth 1,000 points! Point totals ranged from the two 1,000 point items to those worth 25 each, such as a Nabby towel or certain Pokémon cards. Various shirts and team jerseys, lanyards, costumed cartoon characters, insects, water bottles, certain aged counselors, nature items and snack wrappers were among the many many things on each team's list.

At the end of the hunt, the group with the highest point total was declared the winner. This year's title of Scavenger Hunt Champion went to the girls of Douglass, just edging out the girls of Jackson and the Penn boys.



Selfie with photographer Allison was worth 500 points!



Counselors Sammy and Maggie guiding Douglass to their victory!



Some Care Bears worth 500 points were hard to find!



A group selfie with Scooter for 500 points



A large yellow dice=400 points! A Scooby Doo snack wrapper was

THE AMAZING AERIAL ADVENTURE

When you ask our campers what they like best about aerial adventure, they will tell you how much they love each and every activity! From the high ropes course for senior campers, to the thrilling zipline, challenging rock walls and tree climb to the ever popular treehouse and obstacle course, our aerial adventure program has something for every camper! The program is led by Erin Appelle who celebrated her 10th season at Nabby this summer. Erin is in her 10th year of teaching at Carmel High School. She is joined by co-leader Sam Leader, who is a teacher in Mamaroneck. The rest of the team, which Erin refers to affectionately as family, includes James, Olivia, Bobby, Jack, Jeff and Robbie.

Collectively they ensure safety, fun and of course adventure, each and every day! They nurture and support campers who need encouragement and always bring a smile to our campers faces. Erin notes that the staff truly enjoys seeing campers challenge themselves and do things they thought they could never do. "The most rewarding aspect of the program is to see all the smiling faces when our campers accomplish something incredible".

That is something the aerial adventure staff gets to witness each and every day.















ARTS & CRAFTS CELEBRATES CREATIVITY

One of our favorite places at camp is the "Art Shack" where the room is always filled with vibrant colors, energetic voices and so much creativity! Our Arts & Crafts program was led by two instructors this summer. Laura Bordes for weeks 1-4 and Haley O'Connell for weeks 5-8. Both women have a strong connection with Nabby, Laura is a mom of three Nabby campers and Haley was a long time camper, then CIT who has now been in our A&C department for nine summers

Laura and Haley were assisted by two fantastic and talented assistants, Riley and Emily, who collectively do so much for our campers! From teaching classes for all ages to hosting "Lanyard" Fridays, and designing special projects around camp (Spirit Week Awards, Apache Relay baton package to name a few), the Arts & Crafts team is always bustling with activity. Their curriculum is planned in the spring and some of their favorite projects this summer included string painting, felt pillows, monsters made from coffee filters, beautiful tissue paper vases and beaded jewelry.

"Our goal is to encourage our campers to try new things, discover their talents and most of all, have fun being creative", says Haley. Based on the smiles and projects we see at Nabby, our campers are doing just that!



Nabby's Talented Arts & Crafts team: From left to right, Laura, Haley, Riley & Emily









SEEN AROUND CAMP....









Many of our groups enjoyed time on the Nature Trail, making s'mores, walking in the stream and making clay masks!







We introduced a new cooking program offering called Nabby "Nailed It" based on the popular TV show! Campers were presented beautifully designed desserts by Renee and had to recreate their own versions using the same items!





Feelin' Groovy on Tie-Dye/Neon Day!







For our youngest campers, "Frozen" Friday on Disney Day featured an "Olaf" Dodgeball game, snowballs and lots of bubbles!

LIP SYNC FINALE IS SET!

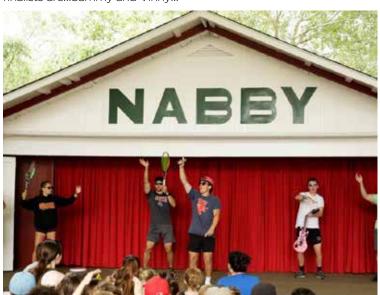
The campers had a double dose of counselor entertainment this week as all the Lip Sync semi finalists took the stage.

The first competition on Tuesday between Alyssa from Wells and Sammy from Douglass was, once again, very close in the camper voting. Alyssa lip synced to Taylor Swift's "You Belong To Me" and with any Taylor song, had the audience singing and clapping along. Not to be outdone, however, Sammy performed the Burger King theme song delighting the campers with paper crowns sent into the audience.

Thursday's battle between Vinny from Columbia and Alec from Tennis both featured counselor backup dancers! Vinny's performance of Jack Black's "Peaches" from the Mario Brothers movie was accompanied by a dancing Princess Peach (Jake from Columbia)... all 6'4" of him in a blond wig, dress and silver booties!

Alec took the stage lip syncing to "OMG" by Usher and had dancers and "musicians" from various boy's groups behind him and creating enthusiasm by going out into the crowd.

The final vote was announced on Friday and our two Lip Sync finalists are...Sammy and Vinny!!!





DISNEY DAY WAS MAGICAL!

From our special Disney themed scavenger hunt to favorite sing along songs at music, our campers were treated to a fun day of Disney celebration! We marveled at all the Princesses and Mouseketeers who came to camp to celebrate everything Disney!





















We made beautiful rainbow bracelets in arts & crafts. We found out that we are good at threading the pipe cleaners through the beads. When we were at Nature, we pet bunnies, guinea pigs and the bearded dragon! Some of us were happy enough to just look at them. We are all getting better with our swimming skills. We enjoy going into the pool and having fun with our friends.



We had a blast in the treehouse at aerial adventure. We walked over the wobbly bridge and laughed a lot as we hung on to the side netting. We found out that we have pretty good balancing skills. After the tree house we enjoyed hiking on the nature trail. We waded through the water and even swam laps for Project Morry!

SMITH

We loved Disney Day and seeing all the princesses and Disney characters at camp! We are all improving our miniature golf skills. We are trying our best to hold the golf club correctly and swing the club. We are learning to wait for the ball to stop after we hit it and then try again to aim for the hole. A lot of us are even getting the ball in the hole. No holes-in-one just yet, but we are working on it.

We have been practicing our dodgeball skills every day to prepare for a match against our counselors. Guess what? It was super close, but we won!!!



Disney Day was so much fun! Dancing and singing to many different Disney songs was something that we would like to do everyday. We sure do know a lot of Disney songs! We watched and cheered on the counselors as they participated in the Disney Scavenger Hunt. We had so much fun as they found different types of Disney items.



We swam laps at instructional swim this week for Project Morry. We are becoming stronger and stronger swimmers. We loved setting up our own Hair Salon at Imagination Station. If anyone wants their hair done, just come over to Wells at the Imagination Station. No payment necessary:) We made beautiful rainbow bracelets in arts & crafts and we cannot wait to see what we are going to do next week! **AMHERST**



This week was the first week that we all conquered the zip line. We never gave up and we were able to do it. We are improving so much in tennis. We were so excited to be able to volley the ball back and forth. We also played soccer with Sam for the first time. We learned a great deal and had a lot of fun!



Nature was our favorite activity this week. We liked going on the nature trail which was full of mud. Some of us walked through the mud barefoot so the mud could go through our toes. It felt cold and gooey. We even caught a frog that was hopping through the pond and then we let it go. The funniest thing was when we saw Nabby chickens going into the Nature car. We laughed so hard.



BATES

We had a musical week for sure! The counselors brought in a speaker for us and we had our own mini lip sync competition. We split up into groups and performed concerts for the other girls and counselors in the group. We may have another future Taylor Swift in our group!



BRYN MAWR

We had many highlights this week! We loved making flower pillows in arts & crafts! They came out so beautiful, they will be on our beds forever. We also enjoyed Science with Dave. The science experiment we did was making Diet Coke explode. We couldn't believe how far the Diet Coke went up in the air. Aerial Adventure is always a favorite and Gaga as well.



We loved learning the skills of baseball and playing the game. We also enjoyed going on the nature trail and following the stream filled with mud. We cannot wait to go to the nature trail again. We hope we can put mud on ourselves next time!



We learned many skills for baseball and for basketball. We can dribble, pass and shoot in basketball. In baseball we can keep our eye on the ball and hit the ball with the bat. We can stop the ball and catch it and then throw it to the right person. We are still learning and improving every day.



PRINCETON

Our baseball season update: We divided into two teams and played a real game of baseball. It was marvelous! The score was 24-24. We couldn't believe it was a tie. Our mini-golf update is that we are up to 59 holes-in-one! Let's go Princeton boys.



We have been practicing our skills for mini golf. We are improving each day. We are also learning how to express ourselves and problem solve when we have any disagreements.



We sure did have fun this week at Nature. We played in the stream which was quite muddy. Some of us put some clay on our faces. We also enjoyed swimming laps for Project Morry.



Once again we are perfecting our butterfly stroke. When we go to the pool you can hear us chanting, "Butterfly! Butterfly! Butterfly! We also enjoyed making beaded necklaces in Arts & Crafts.



We had lots of fun this week cheering for our counselor Luke T in the Counselor Belly Flop contest. We absolutely loved going out on the nature trail, wading through the muddy water and catching frogs!



We had a very competitive and fun handball championship. We have become so much better at our dodgeball skills that we actually competed against many groups at camp..



We had a BLAST at our first Senior Scavenger Hunt. We showed our competitive nature by finding different objects all around the camp. The cutest things that we had to find were life size Care Bears. They were so adorable and colorful.



We learned a new game called "Never Ending" Dodgeball. We loved it because no one was ever out for more than 30 seconds or so. We had a dance party where our favorite song was "I am Ken".



DOUGLASS We loved playing Capture the Flag with Radcliffe. We have been having so much fun with them and we have made some special friendships. We are also having fun planning the lip sync for our counselors. We cannot wait until next week to see how they do!

Scavenger Hunt was our absolute favorite activity this week. We loved running around camp finding the various "treasures". The hardest thing for us was finding the Pokemon card. We had a good workout at the end of the day!



The Scavenger Hunt ruled our group this week. We had to run around the camp and find many things such as rubber ducks, popsicle sticks with Joe's head on it (!), Care Bears, etc. We also had our very first handball tournament that was beyond exciting.



We had a few wiffle ball tournaments this week. It was a lot of fun. Dodgeball against other groups at camp was also a highlight of our week.



We laughed so hard as we jumped on the Pillow Jumper. We flew from one part of the pillow jumper to the other. The Scavenger Hunt was also a great activity for our group that we all enjoyed.



PENN

The boys loved the Fort Nite Challenge so much, we brought it back for another week!!! Who will the winning team be? The boys loved testing their stamina swimming laps for Project Morry and congrats to Matt B who set Nabby swim records for backstroke and freestyle!