

NABBY NEWS



WEEK 6 JULY 31ST - AUGUST 4TH

LUAU, PIRATES & NINJAS!

SHIVER ME TIMBERS - IT'S PIRATE DAY!

We celebrated Pirate Day with our campers and staff dressed in pirate outfits complete with eye patches, tricorne hats and vests! The entire camp began the morning gathered around the big pool to watch the swim staff participate in a pirate themed scavenger hunt with "walking the plank" being the penalty for elimination. One by one, our staff went off the diving board to the chants of "walk the plank" until a winner was declared in a special boat race down the pool. Pirate Joe was also seen in a special floating boat that was tipped over to the delight of our campers!



THE WEEK AHEAD...

WEEK OF AUGUST 7TH - AUGUST 11TH

HELPING HANDS WEEK!

JOIN US TO HELP THOSE IN NEED! WE WILL BE COLLECTING NON-PERISHABLE FOOD ITEMS TO DONATE TO THE COMMUNITY CENTER OF NORTHERN WESTCHESTER.

WE WILL ALSO BE FEATURING CAMPERS' ACTS OF KINDNESS ON OUR "HELPING HANDS" WALL AND WILL BE HOSTING A "SWIM-A-THON FOR PROJECT MORRY."

TUESDAY, AUGUST 8TH

TIE-DYE/NEON COLORS DAY!

Groovy designs & bright colors are today's attire!

WEDNESDAY, AUGUST 9TH

SENIOR CAMP EPIC

Senior Camp Scavenger Hunt!



THURSDAY, AUGUST 10TH

COUNSELOR BELLY FLOP CONTEST!

Ooh, ahhh, ouch!!!

FRIDAY, AUGUST 11TH

DISNEY DAY!

Wear your favorite Disney apparel to camp!



NABBY GETS GRITTY

For the second week this summer, we hosted our friends from Grit Ninja for a series of strength & agility classes for campers of all ages!



JOIN US FOR HELPING HANDS WEEK!

This week is our third annual "Helping Hands" Week at Nabby to celebrate campers and their good deeds, as well as providing an opportunity to help others in need outside of our camp community. Throughout the week, we are encouraging campers and counselors to recognize individuals who have shown kindness, caring and support - and celebrate them with a thank you note on our "Helping Hands" wall that we will display at camp.

In addition, as the camp season winds down, we will be donating non-perishable foods from camp to the Northern Westchester Community Center in Katonah. The Center serves our greater Northern Westchester communities and we understand from our good friends there that stocking their food bank for families is in great need. If you would like to join us and contribute as part of our Camp Nabby donation, we will be collecting non-perishable food at camp from Monday, August 7th through Friday, August 11th. Last summer we donated over 400 pounds of food - which was simply amazing!

Here is a list of requested items if you would like to participate:

- Baby food
- Canned fruit and vegetables
- Dried and canned beans
- Hot and cold cereal
- Tuna and canned chicken
- Cans of soup, beef stew and chili
- Pasta, rice and spaghetti sauce
- Peanut butter and jelly
- Fruit juice
- Dry or shelf-stable milk



If interested, simply give the item to your child/dren to bring into camp and notify your counselor. Please note this effort is purely optional!

Later in the week, we will be hosting a "swimathon" for Project Morry. Project Morry is a nonprofit youth development organization which offers its students a combination of exceptional summer camp experiences, year round academic enrichment and support, and one-on-one mentoring. We are proud to participate in their "Camps that Give" program.

THANK YOU



ALL NEW SCIENCE PROGRAM IS A BLAST

Nabby has introduced a new science program this summer, led by Dave Nodiff, who has been teaching science in elementary schools and camps for over 30 years. "Science Dave" is teaching three interest periods (for senior campers and campers entering 3rd grade) as well as select classes for our boys and girls groups entering 2nd grade. The classes have covered everything from energy & physics (solar bags, different types of rockets) to basic elements of chemistry (density separation between oil & water, chemical reactions, etc). Older campers have recently been working on solar robots, powered by the sun!

Dave hopes to educate our campers on the basic principles of science, inspire questions and thinking... and have lots of fun while doing so! From blasting rockets high up in the sky, to the "mentos challenge", balloon cup shooters, string science and glow in the dark activities - Dave has amazed our campers with his varied experiments. For example, to create glow in the dark magic, our campers made two invisible messages. One was with a baking soda and water solution (for "invisible ink") which reacted to turmeric powder and rubbing alcohol. The chemical reaction made the message or picture turn red. Then we used zinc sulfide to make a glow in the dark message which we put on top of glowing glue. Black light inside of a dark room made the zinc sulfide particles get excited and allowed them to start glowing which revealed the message/picture!



Dave loves it at Nabby and talks of the warm & vibrant atmosphere. "Nabby is very unique and is like a big family. The campers are very engaged and energized by the activities and really enjoy being here. As a teacher, it is very motivating."

We are excited to continue the science program in the years to come and thank Dave for introducing this program to Nabby!



DRAMATIC APACHE RELAY FINISH!

The EPIC of all Nabby EPIC events, the Apache Relay, took place this week. Each summer, the Senior Campers look forward to and eagerly await this Nabby tradition!

The buzz starts building first thing in the morning when the eight Senior Camp groups get their highly coveted Apache T-shirts. The Senior Camp is divided into 4 teams and are represented by their T-shirt colors...red, green, white and blue. During the day, as one walks around camp, the Senior Campers can be seen redesigning their shirts and creating headbands, wristbands and hair ties with the extra pieces. A Nabby tradition, for sure!

At 1:30, the excitement is at an all time high as the two captains for each team are introduced and produce their individual handshake greeting.

The runners, who are in Penn and Jackson and in charge of the baton, are then introduced and each team gathers together for assignments and a final pep talk from their captains.

The race begins as the runners must unwrap and find their colored batons in a huge package decorated and expertly wrapped by our Arts and Crafts department.

The White team was first to find their baton and was off and running to begin the 26 events of the relay. The Red team got off to a slower start as their baton was the last one to be unwrapped.

The relay events included tennis serves, basketball free throws, several swimming events, hammering a nail, archery and rock wall climbing, to name a few.

When each team finished all their events, they raced to the fire making finale...always the make or break event. The Green team was the first to reach the fire area, with the Red team once again trailing and in last place. As the entire camp gathered around the fire making area, chants of "Go Green, Go Blue, Go White and Go Red" could be heard all around the camp! The first team to create a fire to burn through a string two feet high would be the winner.

Although trailing the entire race, the Red team excelled in their fire making skills and pulled out a dramatic victory! The White team was second, the Blue team third and the Green team finished fourth.

All teams congratulated each other for the great effort.

Abby, from Jackson and the Red team runner, summed it up beautifully saying, "Getting the baton last and arriving at the fire pit last doesn't mean you give up! We finished first!"



Red Team Captains Marc & Ally with runner Abby



White Team Captains Obie & Sammy with runner Avery



Blue Team Captains Luke & Christina with runner Austin



Green Team Captains Vinny & Emma with runner Jackson



SEEN AROUND CAMP....



Our Pre-k and kindergarten groups participated in a Treasure Hunt for jewels using special treasure boxes they made in arts & crafts. All our pirates had a blast following their treasure map clues and finding treasure!



Pizza Friday! Our Cooking Interest Period made homemade dough and personal pizzas cooked on the grill for a delicious way to start their weekend!



At Nature, Ranger Rick introduced our campers to birds and chickens and our campers enjoyed meeting a few of our favorite Nabby chickens!

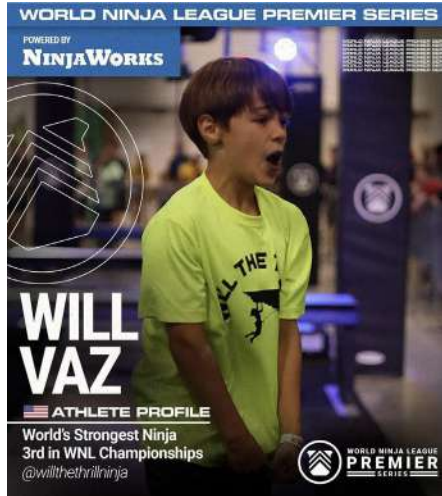


Leis & Limbo on Tropical Luau Day!

CONGRATULATIONS TO NABBY'S ALL-STAR NINJA!

Nabby has an all-star Ninja at camp and his name is Will Vaz. Will began working out at Grit Ninja about 4 years ago after seeing the American Ninja Warrior series on TV and thinking it looked like lots of fun! He now trains four days a week and competes in approximately 60 tournaments throughout the year and across the country!

In a recent competition, Will earned #1 Strongest Ninja and third overall in the World Ninja League Championships - wow! Will has been attending Nabby for three years and is currently in our Tulane group. This week while Grit Ninja was here for a week of activities, we had the pleasure of watching Will participate in the Ninja course and impress us with his skill & speed! Congratulations Will for your achievements and good luck in future competitions! Maybe we will be watching you on American Ninja Warrior one day!



LIP SYNC REDEMPTION ROUND!

Vinny from Columbia and Marc from Tulane took the stage this week in the first ever Lip Sync Redemption Round. This round gave these counselors a second chance for a coveted spot in the semifinals next week.

Vinny was first up and went retro with his 80's long haired wig and his rendition of Rick Astley's song "Never Gonna Give You Up". It was lively and upbeat and the campers thoroughly enjoyed it and sang along!

Marc took the stage next and performed the theme song from Pokémon, assisted by LIT Ty. The campers were very familiar with this choice of song and clapped along as Marc and Ty danced through the audience.

After these two camper pleasing performances, the winner was... we'll keep you in suspense as it will be announced next week!



JUNIOR "GIANTS" FEATURES ALL NEW QUAD COMPETITION!

Our four groups of campers entering third grade (Bates, Bryn Mawr, Dartmouth & Williams) participated in the first ever Junior Giant Quad during their interest period on Wednesday. They were split into the red and white teams and played three different colorful events: foam rocket toss, pillow polo, and "clean up the trash". After the first three events it was time for the final event, the tug-o-war. Both teams won various competitions - the white team won "clean up the trash" and the red team took the lead in the rocket toss. In the end, the white team won the Tug-o-war and came out victorious.

Both teams had a blast playing these new games and earned a refreshing slice of watermelon as a reward!



RELIVE SPIRIT WEEK PERFORMANCES ON VIDEO!

We have all the fun-filled Spirit Week performances up on our Nabby YouTube Channel (Camp Nabby), and available through links on our mobile app and website. Be sure to check them out!





PUPS

We love to play on the playground equipment and we also love playing in the Imagination Playground because we get to use our creativity! We created a carnival, a race track, a park, and many other things. We love working together to build these special places.

CUBS

We just love the Pillow Jumper! We can jump and bounce up high, all day long! On Pirate Day, we participated in a Scavenger Hunt to find treasure. We found gems and put them in our special treasure boxes that we decorated in art & crafts.

SMITH

We earned many trophies this week for climbing the rock wall in Aerial Adventure. It was so much fun. We were super proud of ourselves! Gymnastics and swimming continue to be highlights for us every week!

VASSAR

On Pirate Day, we ran all over camp following our treasure map to find out where gems were hidden. We took our treasure boxes that we decorated in art & crafts and put the gems in them. It was so much fun!

CORNELL

We played Gaga for the first time and it was incredible! Now all we want to do is play Gaga. We will take on any group. :) Paige taught us how to play Royal Dodgeball featuring knights and a queen!

WELLS

Pirate Day was the big hit of the week. We all dressed up in our pirate costumes and participated in different activities that we "treasured" :)

AMHERST

We had a lot of fun with the Skidmore group this week. We played with them in dodgeball and we joined together for a relay race obstacle course. It was so much fun interacting with these girls. We made some new friends.

SKIDMORE

We absolutely loved participating in Grit Ninja. Our favorite activities were the monkey bars and the Warped Wall. Every time we ran up the Wall we got higher and higher! We also learned how to play Tennis Racquet Baseball. It is a lot of fun.

BATES

We learned a new hand game called "Little Sally Walker". We were obsessed with it. We were excited about attacking the obstacles and doing our very best in the Grit Ninja activity. We dominated the Grit Ninja course!

BRYN MAWR

We learned how to play "Shark and Minnows". We had a fun time playing the game. Meeting Gertie the chicken was also lots of fun. Some of us pet her right away and the rest of us just liked to get a close-up look at her.

YALE

We climbed the tree in the woods for the very first time. It was so cool! It was more challenging than climbing the Rockwall in Aerial Adventure!

COLGATE

We went on a treasure hunt on Friday and found some treasure. We put them right into our treasure boxes. We enjoyed watching Pirate Day activities in the pool with the entire camp. Aerial Adventure is always one of our favorite places to go.

PRINCETON

Can you believe we have 51 Holes in One so far?! We are doing so well on the Nabby mini-golf course! We are not only athletes, but artists too. We learned how to use model magic clay and oil pastels in arts & crafts.

STANFORD

We are really enjoying the bouncy Pillow Jumper and the new Bike Course. We are having lots of fun no matter what activity we play, and we are always being safe.

BROWN

Our favorite activity we participated in was the famed "Warped Wall" in our Grit Ninja class. We ran and climbed as high as we could and all improved our height!

HARVARD

We have been practicing the butterfly stroke in swimming all week long. Though it is a difficult stroke to learn, we are all doing a great job!

DARTMOUTH

We enjoyed playing in the mud at Nature and had a messy, fun time! Some of us even caught frogs which was a great surprise!

WILLIAMS

We are learning to be great sportsmen while we play some of our favorite sports - handball, dodgeball and gaga. Handball is a really cool sport that we just learned.

BARNARD

The highlight of the week had to be the annual Apache Relay. Even though our group was divided into different colored teams we all supported and congratulated each other.

RADCLIFFE

We liked learning the game "Steal the Bacon" in basketball. We also enjoyed watching Pirate Day activities around the big pool. It was funny to see our swim instructors "walk the plank".

DOUGLASS

The highlight of our week was planning a make-believe wedding. We learned that a lot goes into planning a wedding :) We made bouquets of flowers and some of the girls even baked cupcakes for the big event!

JACKSON

We played Capture the Flag vs Penn and had a fun water balloon game with the counselors in Aerial Adventure!

COLUMBIA

The Apache Relay was the highlight of our week. It didn't matter what color team we were on, we all had a great time. Another highlight was Pirate Day. We loved all of the Pirate activities!

DUKE

The Duke boys love to play football and baseball and this week we split the group in these activities so campers could improve their skills in the sport they enjoy. We also like playing "king of the court" in tennis, which keeps us very active!

TULANE

We conquered the "Warped Wall" during our Grit Ninja activity. We improved each time we ran up the wall and that made us proud. The Apache Relay was a lot of fun! It was thrilling and emotional!

PENN

We all competed hard in the Apache Relay. Every Penn camper played a big part for their team, and we were proud to participate. We tried something new this week called the "Fort Nite Warrior Challenge" where we played the Penn Warrior Challenge all at the same time on the big infield. We loved it.

