



SUMMER 2023

FAMILY PLAYBOOK

CAMP DATES:
MONDAY, JUNE 26TH THROUGH THURSDAY, AUGUST 17TH

Welcome to **CAMP NABBY**

CAMP DATES 2023

Week 1 - Monday, June 26 through Friday, June 30

Week 2 - Monday, July 3 through Friday, July 7

Please note: No Camp on Tuesday, July 4th

Week 3 - Monday, July 10 through Friday, July 14

Week 4 - Monday, July 17 through Friday, July 21

Week 5 - Monday, July 24 through Friday, July 28

Week 6 - Monday, July 31 through Friday, August 4

Week 7 - Monday, August 7 through Friday, August 11

Week 8 - Monday, August 14 through Thursday, August 17



A DAY IN THE LIFE



GROUPS

We have 26 groups at Camp Nabby, each one named after a college or university.

Campers are grouped based on their age and grade they are entering in September.

Our campers range in age from 3 to 13 and are placed in either our Pre-K, Junior Camp (Kindergarten through 3rd grade) or Senior Camp (4th grades through 8th grades) divisions.



WHAT TO BRING EACH DAY

(please be sure to label everything!)

- Two Bathing Suits
- Two Towels
- A bag lunch (Monday through Wednesday if not purchasing our catered lunch program)
- Sunscreen
- Optional: Pool shoes, Goggles, Water Bottle

WHAT TO WEAR

- Comfortable, athletic clothing is strongly encouraged, including shorts and t-shirts (all clearly labeled with your child's name).
- Sneakers are also strongly recommended (no sandals/thongs/crocs).
- On cooler, rainy days, feel free to include a rain jacket or sweatshirt in your child's bag.

SPORTS EQUIPMENT & PERSONAL BELONGINGS

- Senior campers can bring a tennis racquet and baseball glove if you have, or we can provide.
- Junior campers can bring baseball gloves if they have, or we can provide. For campers entering 2nd grade and above, you can also bring your own tennis racquets, or we can provide.



SCHEDULE

Each group has an assigned schedule to ensure equal parts athletics, exploration and creative activities.

Schedules vary slightly day to day with Instructional Swim, Lunch and Free Swim, the only activities scheduled every day at the same time.

Throughout a regular camp day, counselors will determine the best use of field space and designated play areas; the staff is encouraged to mix things up to keep campers active and engaged. Each activity is approximately 30 minutes except for instructional swim (20 minutes) and Senior Camp Epics and Interest Periods.



RAINY DAY SCHEDULE

Rain or shine, we have a great program planned for your children at Nabby! On rainy days, we have a special "Rainy Day" schedule designed to keep our campers active and dry. We are fortunate to have 11 covered facilities in addition to each group having their own bunk, which allows us to continue activities ranging from music to mini-golf, arts & crafts to basketball/hockey, dodgeball and movies in the Nabby Dining Room!

INCLEMENT WEATHER

Camp is scheduled rain or shine, with the exception being if we expect a severe weather event (ie Tropical Storm/Hurricane).

If severe weather is forecast, we will notify all families the evening prior and will confirm any camp cancellation early that morning to give you time to make alternate plans for the day.



HEALTH FORMS & STAFF

Immunization Forms: Per Westchester Department of Health requirements, it is imperative we receive all completed immunization forms prior to the start of camp. These forms include Covid-19 Vaccination status and updated immunization updates.

HEALTH DIRECTORS: Our Health Director is a Registered Nurse who manages the health & well being of our campers and staff. Our Health Director manages all camper care and will provide medicine/treatments as directed.

If your child is seen by the Health Director, you will receive a call or email with details regarding the care given, and further instructions, if needed.

We keep a record of all interactions with our health office.



COVID-19 INFORMATION & PROTOCOLS

Per Westchester County Department of Health Best Practices:

If your child tests positive for COVID-19:

- Please call the camp office and let our Health Director know. Your child will need to stay out of camp for at least five days, where day 0 is the day of symptom onset or (if asymptomatic) the day of their first positive test.
- If asymptomatic at the end of five days or if symptoms are resolving, isolation ends and your child can return to camp and wear a well-fitting mask while around others (days 6 through 10).



NOT FEELING WELL?

We ask that anyone in our Nabby community (staff, children) who are feeling sick or have a temperature of 100.4 or above, please stay home and do not come to camp.

All absences should be reported to the camp office by 9 am so we can plan for the group activities accordingly.



SANITATION & HAND WASHING

We take great pride in the cleanliness of our facilities and clean frequently shared surfaces throughout the day.

We encourage all campers and staff to wash hands throughout the day, upon arrival, before and after meals, after using the restroom and after activities. Our camp features many hand wash facilities and hand sanitizer stations located throughout the property.



SWIM PROGRAM

Our swim program is under the direction of our Aquatics Director and staff of Lifeguards and Water Safety Instructors.

All campers have scheduled swim periods twice a day. The morning swim is an instructional swim taught by our own lifeguards and our specialized staff with W.S.I (Water Safety Instructor) certification. Our afternoon swim is recreational and “free” and supervised by assigned seated group counselors and our lifeguard staff.

In both periods, campers are paired with a “Buddy” that is to be in close proximity throughout the swim.

SWIM LEVELS: RED, GREEN & BLUE BANDS

With camper safety as our primary concern, all non-swimmers will be in water depth of chest/shoulder high or lower. They may, in our instructional swim only, be in deeper water with their swim instructor. All non-swimmers will be issued and must wear to swim, a **RED** wristband for counselor and life guard identification.

To swim in our middle size or large pool, where the depth is above chest/shoulder height, campers must prove their ability in our “Swim Quest” by swimming the length of our middle pool (44 feet), tread water for 60 seconds, and retrieve an object from the pool bottom. Swimmers achieving this quest, will be issued **GREEN** wristbands, and are allowed to swim in our middle pool and shallow end of our large pool (both up to 5 feet deep).

To qualify for our diving board and water slide section of our large pool, campers must swim the pool length (90 feet) as well as tread for 60 seconds and retrieve an object from a depth greater than 5 feet. These swimmers will be issued a **BLUE** wristband, our highest qualification.

All campers are evaluated at the beginning of their camp session and continually throughout the summer.



FOOD & DRINKS



LUNCH & SNACK

Nabby provides all campers with 2 snacks each day, as well as lunch on Thursdays and Fridays.

Catered lunch is also available Monday through Wednesday, for an additional fee of \$35 per camper. Families can register their children for the entire camp session or on a weekly basis. To add or remove your weekly service, we ask that you notify us by email (ruth@campnabby.com) or phone (914 528-7796), the Thursday prior to the following week you are adding or subtracting.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Tenders Tater Tots Carrots Salad	Pasta and Meatballs Bread Salad Dessert	Turkey & Cheese Sandwich Sliders Pasta Salad Dessert	Nabby Famous BBQ: Beef Hamburgers (fresh from Hemlock Hills Farm) Veggie Burgers, Kosher All-Beef Hot Dog Turkey Dogs (on request) Potato Chips Dessert	Pizza! (gluten free on request)

DAILY SUBSTITUTIONS

Daily substitutes for catered lunch will include bagels, yogurt, cereal and/or fruit.

Please note: We are a nut aware camp. No items that contain nuts or are processed in a facility with nuts are served.

Daily snacks include seasonal fruit, vegetables, cheese & crackers and plenty of water!

Ice Cream is also served to campers twice a week on Tuesdays and Thursdays.

FOOD ALLERGIES

Camp Nabby does not serve nut products. Our staff is made aware of all food & nut allergies and will keep children away from children with nut products in their personal lunches. Parents serving peanut or tree nut products are asked to clearly label the bag with "PEANUT" or "NUTS" and those children will be required to wash their hands after eating.

STAYING HYDRATED

We recommend campers bring their own labeled water bottles and we will encourage refills throughout the day. We have water fountains throughout camp and a designated "Hydration Station" in the shade to allow campers to stay cool and remain hydrated.



TRANSPORTATION



PARENT PICK-UP & DROP-OFF PROCEDURE

PRE-K DROP-OFF AND PICK-UP:

Pre-K campers should be dropped off at the Front Gate of camp (corner of Tamarac Street & Nabby Hill) between 8:40 am and 9 am. We ask that you stay in your seat and allow our staff to help the children in and out of the car.

Pre-K pick up is at 3:45 pm in front of the white house at 1 Nabby Hill. Pre-K parents should display their **GREEN** windshield card for identification.

JUNIOR CAMP DROP-OFF AND PICK-UP:

Drop-Off: Junior Campers (K through 3rd grade) should be dropped off at the front gate of camp (Tamarac Street & Nabby Hill) between 8:40 am and 9 am. We ask that you stay in your seat and allow our staff to help the children in and out of the car.

Pick-Up: Pick up starts at 3:50 pm at the front gate and all cars should line-up along the green fence on Tamarac Street.

Junior Campers with Senior Camper siblings will dismiss at 4:05 pm with the rest of the Senior Campers.

Junior Camp parents should display their **YELLOW** windshield card for identification.

SENIOR CAMP DROP-OFF AND PICK-UP:

Drop-Off: Senior Campers (4th-8th grade) with Junior Camp siblings should be dropped off at the front gate of camp (Tamarac Street & Nabby Hill) between 8:40 am and 9 am. All other senior campers should be dropped off on Dale Street.

Pick-Up: Parents should arrive no earlier than 4:05 pm at the front gate and all cars should line-up along the green fence on Tamarac Street.

Senior Camp parents should display their **RED** windshield card for identification.

Senior Campers with no Junior Camp siblings should be dropped off and picked up at our camp back entrance at the Dale Street parking lot on Dale Street. Afternoon pick-up for these Senior Campers is 4:05 pm (to allow for bus dismissal)

Please note: To minimize wait time, we strongly encourage all parents to adhere to the times listed above and avoid the urge to arrive early. Senior Camp parents should not arrive before 4 pm so the Junior Campers can dismiss and allow for a smooth, orderly and safe exit for everyone. Please remain in your cars and we will bring your children to you. We truly appreciate your cooperation!



BUS TRANSPORTATION

DOOR-TO-DOOR AND SATELLITE BUS SERVICE

We partner with Chappaqua Transportation for all of our Bus drivers and vehicles (both Satellite and Door-to-Door) and have worked with them for 30+ summers!

All drivers have been trained in safe and courteous driving and drive a route that is planned in partnership with us. Each driver will take a "trial run" after meeting with us, several days before camp begins.

On each bus, we provide at least one Bus Monitor, who is a Nabby counselor. The monitor is your point of contact and will reach out to you by phone or text in the days prior to camp, to review important details. The monitor will also drop off a letter to your home with information on pick up and drop off times. If you are not contacted by your bus monitor at least 48 hours prior to the first day of your camp session, please contact the office.

On the first day of camp, please have your child ready and waiting 5-10 minutes earlier than usual, leaving extra time for the new routine.

If taking a satellite bus, the Bus Monitor will be stationed outside the bus, greeting families and welcoming campers.

If taking door to door transportation, the Bus Monitor will step outside the bus to greet your children. The camp day officially begins when your child steps onto the bus, and we will do our very best to make this experience the best it can be!

We dismiss all buses at approximately 4 pm each day. If there is an unexpected delay, we will text you as soon as we are aware of the situation.

Please note that for all campers younger than 4 years of age, car seats are required and will be provided by the bus company.

All campers are required to remain in their seat and wear seat belts during their trip. Our goal is to provide a safe and enjoyable ride to camp, each and every day!

Early Pick-Up & Late Arrivals

Children can be dismissed early from camp if we have written permission from a parent via email, written note or phone call.

Early dismissal must be before 3:30 pm and we will bring your child to the front gate for sign out. Please remain in your car and we will have your child brought directly to you!

If you plan to arrive late to camp with your child, please contact the office in advance via email, written note or phone call. You should park in front of the main gate on the corner of Tamarac Street & Nabby Hill and walk your child down to our office. We will check your child in and escort them to their group.

SPECIAL EVENTS, GEAR & MORE!



SPECIAL EVENTS

CAMPER BIRTHDAYS

We will celebrate camper birthdays this summer by capturing a special photo of the birthday camper and sending it home with a gift from Nabby. Due to our nut aware policy, we discourage sending in birthday treats for the group.

THEME DAYS & DRESS UP DAYS

Throughout the summer we like to schedule a variety of theme/dress up days, which allow our campers (and counselors) to show a little extra style! Examples include SuperHero Day, School Pride, Wacky Socks and Pirate Day!

We encourage our Nabby community to be creative and have fun (please note participation is not required). You can follow along with our special theme and dress up days on our 2023 Summer Calendar featured on our new mobile app and this information packet.



CAMP GEAR & MERCHANDISE

BACKPACKS, TOWELS AND T-SHIRTS

Families are invited to pick up a Nabby backpack, towel and t-shirt for each camper any weekend through the month of June between 10 am and 2 pm or during the week by appointment.

- If you would like additional Nabby gear (hats, sweatshirts, bracelets, tees/tanks), we offer a few items for sale that can be ordered via a form online at campnabby.com/gear or when picking up your camp gear!!



CAMP PHOTOS & PICTURE DAY

We have a camp photographer on site who captures daily photos and posts them in our new mobile app and online in our parent portal on campnabby.com. We also offer facial recognition via our mobile app, to allow you to create a distinct photo album featuring your camper.

We have one Photo Day at camp to capture portraits and group photos scheduled for Friday, July 15th. Your photo package will be returned to families a few weeks after the session date on the 15th.



CAMP COMMUNICATION

We offer a few different ways to stay in touch with Nabby through the summer:

- **NEW THIS SUMMER!** Please be sure to download our mobile app from the App Store or Google Play - Search for Camp Nabby. Login to view camp news, schedules, photos and more!
- **Introductory email** from your camp counselors
- Follow us on **Instagram** & **Facebook** for daily images and stories from camp
- **Nabby News:** Our weekly email newsletter delivered to your inbox every Friday featuring great photos and articles from camp.

As always, please feel free to contact us at info@campnabby.com or call during camp hours at 914 528-7796 if you have any further questions.

CAMP NABBY

2023 SUMMER CALENDAR

Monday, June 26th - Thursday, August 17th

THEME DAYS ENTERTAINERS SPECIAL EVENTS SENIOR CAMP EPICS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 JUNE 26 - JUNE 30	26 FIRST DAY OF CAMP! 😄	27	28 RELAY RACE SENIOR CAMP EPIC	29	30 RED, WHITE & BLUE DAY
WEEK 2 JULY 3 - JULY 7	3	4 NO CAMP TODAY! ENJOY THE HOLIDAY! 🇺🇸🇺🇸🇺🇸	5 CAPTURE THE FLAG SENIOR CAMP EPIC	6 JESTER JIM 🎪🎪🎪	7 WACKY SOCKS & YIPPE STRIPES!
GRIT NINJA WEEK WEEK 3* JULY 10 - JULY 14	10 YEAR CAMPER CEREMONY	11 GEM STONE MINING	12 HOLLYWOOD GAME SHOW HOLLYWOOD GAME SHOW!	13	14 SUPER HERO DAY
TO SPIRIT WEEK WEEK 4 JULY 17 - JULY 21	17 5 YEAR CAMPER CEREMONY	18 PHOTO DAY	19 PREDATOR & PREY SENIOR CAMP EPIC	20	21 SCHOOL PRIDE DAY
WEEK 5 JULY 24 - JULY 28	24	25 CRAZY HAT DAY THE MAGIC OF ERIC	26 GREAT CHASE RACE SENIOR CAMP EPIC	27	28 TEAM JERSEY DAY
GRIT NINJA WEEK WEEK 6* JULY 31 - AUG 4	31	1 TROPICAL LOU LOU DAY	2 APACHE RELAY SENIOR CAMP EPIC	3	4 PIRATE DAY
HELPING HANDS WEEK WEEK 7 AUG 7 - AUG 11	7	8 TIE DYE & NEON DAY	9 SCAVENGER HUNT SENIOR CAMP EPIC	10 BELLY FLOP CONTEST	11 DISNEY DAY
WEEK 8 AUG 14 - AUG 17	14 COLOR WAR RED vs WHITE	15	16	17 NABBY SPIRIT DAY! 🎪🎪🎪	18 SEE YOU NEXT SUMMER!!
<small>*GRIT NINJA CLASSES ALL WEEK LONG FOR WEEKS 3 AND 6</small>				🎪🎪🎪 LAST DAY OF CAMP	