

NABBY NEWS



WEEK 6 AUGUST 1ST - AUGUST 5TH

A HEROIC WEEK AT NABBY

JOIN US FOR HELPING HANDS WEEK!

Last summer we introduced "Helping Hands" Week at Nabby to celebrate campers and their good deeds, as well as providing an opportunity to help others in need outside of our camp community. Throughout the week, we are encouraging campers and counselors to recognize individuals who have shown kindness, caring and support - and celebrate them with a thank you note on our "Helping Hands" wall that we will display at camp. Last summer we had so many good deeds, that we needed to expand to two walls! We are really excited about sharing this with our campers on Monday and honoring good deeds at camp!

As a family owned business, we have always been incredibly proud of and thankful for the greater Westchester community and all that it has given to us. We are always looking for ways to say "thank you" and give back to those in need. As the camp season winds down, we will be donating non-perishable foods from camp to the Northern Westchester Community Center in Katonah. The Center serves our greater Northern Westchester communities and we understand from our good friends there that stocking their food bank for families, is in great need. If you would like to join us and contribute as part of our Camp Nabby donation, we will be collecting non-perishable food at camp from Monday, August 8 through the 12th. Last summer we donated over 400 pounds of food - which was simply amazing!

We look forward to making a special drop off at the Center on behalf of our Nabby community once again.

Here is a list of requested items if you would like to participate:

- Canned fruit and vegetables
- Dried and canned beans
- Hot and cold cereal
- Tuna and canned chicken
- Cans of soup, beef stew and chili
- Pasta, rice and spaghetti sauce
- Peanut butter and jelly
- Fruit juice
- Dry or shelf-stable milk

Simply give the item to your child/dren to bring in to camp and notify your counselor. This effort is purely optional, we just wanted to share the opportunity with you and your children. **THANK YOU.**



Our campers and families with generous donations and many helping hands!



Last September, Joe, Rita and Jeanie made the Nabby delivery to the Community Center!

THE WEEK AHEAD...

WEEK OF AUGUST 8TH - AUGUST 12TH

CAMP NABBY

Helping Hands

Join us to help those in need! We will be collecting non-perishable food items to donate to the Community Center of Northern Westchester. We will also be featuring campers' acts of kindness on our "Helping Hands" wall.

TUESDAY, AUGUST 9TH

TROPICAL LUAU DAY!

Flowers, leis, bright tropical colors are today's attire!

WEDNESDAY, AUGUST 10TH

EPIC EVENT

SENIOR CAMP EPIC Sr Camp Scavenger Hunt

THURSDAY, AUGUST 11TH

COUNSELOR BELLY FLOP CONTEST!

Ooh, ahhh, ouch!!!



COUNSELOR SOFTBALL GAME!

After camp, the Jr Camp vs Sr Camp counselors vie for the Frank Bertino Memorial Trophy!

FRIDAY, AUGUST 12TH

DISNEY DAY

Wear your favorite Disney apparel to camp!



SUPERHEROES TAKE THE STAGE AT NABBY!

Superheroes from all over the galaxy assembled at Nabby on Friday when they heard it was SuperHero Day! At morning announcements, our campers were treated to introductions of our superhero visitors including Batman, Superman, Batgirl, Thor, Hulk and Ironman just to name a few!

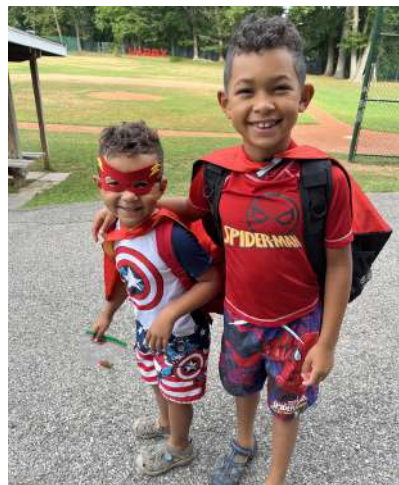
Our superheroes also came to the rescue of Rita, who was captured by an evil gnome and sloth! Our campers cheered as Thor and Batgirl saved the day!!



Our Superheroes ready to rescue Rita...



Superheroes and their Cub friends!



BLUE TEAM VICTORIOUS IN APACHE RELAY!

This week saw the return of the EPIC of all EPIC events at Nabby...the annual Apache Relay!

Anticipation started building towards this popular event at the beginning of the week with the naming of the team captains and their camper runners.

The entire Sr Camp was divided into four teams and on Wednesday morning, all the campers were given their red, green, white and blue Apache shirts to start the day and the traditional cutting and re-designing of their shirts began!

After lunch, the Sr Camp gathered and cheered the introduction of the captains as they performed their choreographed handshakes and then all met to decide each camper's role in the relay. Swimming, basketball, tennis, woodworking, archery and baseball were among the 24 stations that needed to be completed before the ultimate station could be reached...the making of a fire that burned high enough to burn through a string that was 2 feet off the ground. Finally, the relay began...the runners had to find and unwrap their colored baton hidden in a huge wrapped package created by the art counselors. After a frenzied search, the runners each found their baton and raced off to the first event. Last baton found was the Blue team as they got off to a slow start. But a three for three basketball free throw performance caught them up to the other teams and found them in first place as they raced to the pool!

As the entire Jr Camp excitedly awaited the arrival of the teams to the fire making area, the cheers for "Go Blue, Go Green, Go Red, Go White" mounted in volume. First to arrive for fire making was the Blue team, followed closely by White, Green and Red.

After all teams had a fire going, the last place Blue team at the start of the relay was able to have their fire burn through the string first and completed a huge comeback win!

Blue team runner Austin summed it up beautifully as he said, "never give up when you're behind...the lower the odds, the harder you work!".

Pretty good advice for all...



That winning feeling!



White Team Captains Eric and Sam with Runner Abby



Blue Team Captains Sam and Riley with Runner Austin



Green Team Captains Luke and Christina with Runner Jordan



Red Team Captains Jack and Sammy with Runner Abby



Check out our Apache Relay highlight reel video on [Camp Nabby's YouTube/Instagram or Facebook pages!](#)

SEEN AROUND CAMP....

All of our groups enjoyed special “ninja warrior” sessions with coaches from Grit Ninja. Our campers loved week two of this special activity featuring the warped wall, ring apparatus and balance course. Way to get gritty campers!!



Skidmore girls and Yale boys showing their muscles!



Our third grade groups had fun playing a giant game of Capture the Flag!



In addition to our pools, some favorite activities for staying cool included playing at the water park, in sprinklers and in the mud on the nature trail!



Tie-Dye Day had us all feeling groovy!!



MORE CEREMONIES TO HONOR 5 YEAR CAMPERS

We are fortunate to have so many 5-year campers this summer, and have had multiple ceremonies to recognize each and every one. Congratulations to all of our campers for this fantastic Nabby milestone!



COUNSELOR LIP SYNC CONTEST WAS ROCKING!

The counselor Lip Sync Battle saw it's final first round competitors this week as Annalisa from Smith went up against Mark from Duke.

Annalisa combined with Emily from Cornell to perform a spirited fun dance to "Around the World" by Daft Punk. The campers were thrilled to catch the many inflated balloon globes tossed out to the crowd by Annalisa!

Mark was up next and jumped out from behind the curtain dressed as an 80's rock star and had the campers up off their seats clapping along to "I Wanna Rock" by Twisted Sister. Backed up by his co-counselor, Jack, Mark received enough votes to continue on in the competition!



MUSIC MIKE SHARES HIS PASSION FOR PERFORMING

Our Music Program this summer is led by Mike, who is currently the 7th & 8th grade band teacher at Putnam Valley Middle School. From an early age, Mike has always had music in his life, learning to play piano when he was just 3 years old! He also played the saxophone as a youngster, before switching to trombone in high school.

Mike's passion for music led him to become a music teacher and he has been teaching for 16 years. As Mike continued to play trombone, he took a few years off to pursue his passion and perform in a band called "Streetlight Manifesto". Mike still joins the band from time to time and will be joining them later this summer when they headline small venues in Canada, Florida and Georgia!

Mike was introduced to Nabby last year as a parent when he chose to send his two boys to camp. The boys truly loved their experience at Nabby which inspired Mike to take a teaching position at camp.

This summer, Mike has three children at Nabby, and they all love being here. Mike is enjoying his time at camp as well. "The Nabby community is amazing. Simply the best! The people I work with are awesome and everyone is polite and so helpful".



Mike's goal for all campers is to have fun while growing musically. He has introduced music games in all his classes and enjoys teaching them skills like counting and note reading, playing instruments, along with singing and dance.

"I like to expose them to a variety of instruments and genres of music". For the Junior Camp that means a variety of games and exercises in 30 minute classes throughout the week. For Senior Campers, that means exploring their talents singing and playing instruments on the famed Nabby stage during special interest periods.

No matter the age, Mike is spreading his passion for music and performance with all of us...and we are all very thankful!



**CUBS**

We felt like real Ninja Warriors because we were able to climb the Ninja Wall during Ninja Week!

**COLBY**

We have been showing our courageous spirit with Aerial Adventure and the Ninja course. We have been so impressed with our campers' effort.

**SMITH**

The game "Copy Cat" was a hit with all of us. We sat in a circle and one camper had to figure out who the camper was that kept on changing the movements. We laughed so much because just when we thought we figured out who that person was, it wasn't.

**CORNELL**

We are courageously climbing the Rock Wall. What an awesome feeling when we get to the top of that wall.

**VASSAR**

The parachute games were a blast this week. It was like we were under a beautiful rainbow. We also loved sitting on the Hippity Hop Horses and having relay races.

**SKIDMORE**

We were introduced to "Buddy" dodgeball. We liked the game a lot because none of us ever heard of it before. Our buddies and us were on different teams. When our buddy got out we were out as well. This made us really think about who we had to get out. We also enjoyed the muddy walk in the water. It really cooled us off.

**WELLS**

The Scavenger Hunt was the BEST! We had a list of items we had to go around the field and find. We had to find rubber ducks, plastic pizza, etc. We found everything. What a team we are!

**BATES**

We bounced on the Hippity Hop Horses and did our mini relay races. We were cracking up because we were falling off the horses in the beginning until we got the hang of it. Now we are pros!

**BRYN MAWR**

We are all trying to move up at least one band color in the pool. Congrats to all our campers for their progress! We loved free swim this week! It's so nice to play with your friends.

**BARNARD**

The Apache Relay was our favorite activity for the week. We loved the competitiveness, the activities, and the sportsmanship. We were the youngest team in the Apache Relay and we were proud of ourselves. We also were introduced to "Horseshoes". One of us got the horse shoe on the ring in the first try. We may have a future Olympian Horse Shoe Thrower in our midst.

**RADCLIFFE**

Did you know that we have sharks and minnows in our group?! Sharks and Minnows was a fun game that we played in the water. We also gained some new knowledge from Ranger Rick on the nature trail. We learned that the body of water on the trail is a cold spring. We learned that you can drink from the spring. We also learned that the spring water never freezes in the winter.

**DOUGLASS**

We played hockey for the first time this week. It is always exciting to learn a new game. The Apache Relay Race was the absolute highlight of the week. We were divided into four different color teams and some of the activities we competed in were the high jump, underwater swimming and basketball foul shooting.

**JACKSON**

We played softball for the first time. We learned new skills and we realized that we also possessed many of the skills needed to be successful. We had lots of fun.

**YALE**

We were so excited because we were able to use the diving board and slide this week during free swim. We also had fun cooling off at the water park.

**COLGATE**

Ninja Week was fantastic! We got to run up the "warped wall" and we got to go to the "sloth ball" activity.

**PRINCETON**

Our "Hole in One" tally so far is 73. Our goal is 100 for the season. We can do this! We also learned how to play Balloon Volleyball. Balloon Volleyball is a fun way to help us learn the basic skills of volleyball. An absolute hit was Ninja. What a fun experience!

**STANFORD**

What a week it was! We had plenty of water, found plenty of shade and had tons of FUN!

**BROWN**

We learned a new game this week called running bases. We loved running around from base to base. Running bases wasn't the only thing we loved. We also loved playing dodgeball.

**HARVARD**

What fun we had playing against Brown in dodgeball. It was a close win between the Harvard and Brown Teams.

**TUFTS**

We really enjoyed Arts and Crafts this week. We made sea creatures which looked incredible and were so much fun.

**DARTMOUTH**

We took a cool walk on the nature trail in the mud with Ranger Rick. We only got mud up to our waist this time. The mud felt so good on our feet!

**WILLIAMS**

On this hot week we enjoyed Williams' Wiffle Ball and we really looked forward to our dips in the pool!

**COLUMBIA**

The Columbia boys enjoyed sweating it out this week playing intense games of handball and then cooling off in the pool.

**DUKE**

We learned a new game this week called Speedball. Speedball is a combination between handball and soccer. We really enjoyed this activity.

**TULANE**

Not that we want to brag but we played Dodgeball against Jackson and we won. It really was a lot of fun for both teams though and we did have some laughs. Jackson wants a rematch.

**PENN**

Newcombe is a game that we heard a lot about, but we never knew how to play it. This week we learned how to play. It is a game like volleyball. If you catch the ball, the opposing player and you are safe. If you try and catch the ball but miss you are out. In the beginning a lot of us were out but as we got better the games became more fun.

