# NABBY NEWS WEEK 1 JUNE 27TH - JULY 1ST

# **CAMP NABBY BEGINS OUR 82ND SEASON!**

## SWIM PROGRAM MAKES A SPLASH

Summer begins when camp starts and we see Nabby's pools filled with happy campers! This year's pool staff is headed by Adam Shavitz who is in his second year at Nabby. During the school year Adam is a special education teacher at Clarkstown North High School where he also coaches track and the Unified basketball team. Adam loves the Nabby atmosphere and says "This summer started with an awesome splash! We welcomed back returning lifeguards and WSI instructors from last year and were excited to meet the new counselors joining our team this summer. We especially love seeing the faces of campers who've progressed to the big pool and are able to go down the fun water slide!"

Nabby meticulously maintains three beautiful pools on campus. The small pool is heated and has a depth of 2-3 feet for our youngest and beginning swimmers. The middle pool is also heated and has a depth of 3-5 feet for our intermediate swimmers. The state of the art large pool is 90 feet long (!) with a diving board and a water slide for our older and advanced swimmers.

All campers have two swim periods a day - a morning instructional swim and a longer free swim in the afternoon. For the water safety of our children and ensure they swim in the correct pool, we test their swim ability from day one of camp.

All beginning swimmers receive a red band at the start of camp. To earn a green band, the child has to swim the length of the middle pool with proper breathing, tread water for 30 seconds and retrieve an object at the bottom of the pool at the 5 ft depth. For a blue band, the camper must swim the length of the big pool, tread water for 60 seconds and retrieve an object at the bottom of the pool at the 7-9 ft depth.

The pool staff constantly tests the swimmers who want to be tested and works toward building confidence in all of our campers so that they can earn the band of their choice. Our goals are for every camper to enjoy the water, learn new skills and improve upon the skills they already possess. We hope you see a big improvement in your child's swimming ability by summer's end!



# **RED, WHITE & BLUE SPIRIT**

Our campers and staff enjoyed sharing their red, white & blue spirit for our first "theme" day of the summer! Have a wonderful 4th of July!!









## THE WEEK AHEAD...

WEEK OF JULY 4<sup>TH</sup> - JULY 8<sup>TH</sup>

MONDAY, JULY 4<sup>TH</sup> Fourth of July Holiday

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TUESDAY, JULY 5TH

WACKY SOCK DAY!
Wear your craziest or mismatched socks to camp!

# WEDNESDAY, JULY 6TH

EPIC EVENT-SR. CAMP Capture the Flag

THURSDAY, JULY 7<sup>™</sup>

¥JESTER JIM!!!¥

Enjoy, sing and laugh out loud with our most popular entertainer!

FRIDAY, JULY 8<sup>TH</sup> SCHOOL PRIDE DAY



Proudly wear your grade school, high school or college shirt to camp!

# SEEN AROUND CAMP....



Turtle week at Nabby! Our campers enjoyed meeting turtles at nature including the famed Bojangles!



Senior interest period also featured a turtle inspiration!





Counselor entertainment each morning keeps us all smiling!





Skidmore being introduced to our cooking class and making fruit art!

## **EPIC EVENTS BEGIN!**

Every summer our Senior Campers look forward to our Wednesday EPIC events. Each group is divided into Red and White teams and compete against each other every week in a variety of fun and exciting challenges.

Nabby's EPIC events started this week with our annual Relay Race competition. Each Sr Camp group created their own type of relay and every one was different. We saw races that used props such as hula hoops, buckets of water, foam rocket ships, hurdles and bouncy balls!

The afternoon started with a hilarious Counselor snake relay and ended with a series of Tug-of-Wars that ultimately decided the winning team.

The White team led for most of the afternoon as they were victorious in many of the relays...some of which came down to the very last runner! The Red team showed their strength and comeback spirit in the Tug-of-War events and almost caught up to the White team. The White team hung on to their lead, however, and were victorious over the Red team 1100 to 800.

Next week the EPIC event is Capture the Flag and we look forward to seeing the great sportsmanship shown this week continue on throughout the summer.

















We loved having Florence, Charley, Lila, and Cassanova the turtles walk over some of our legs in Nature. It kind of tickled. They are not people, they are turtles!



Aerial Adventure was the biggest attraction this week for us. We got to balance on the ropes and bridge. We named the two shiny alligators Lea and Linus even though we heard that their real names are Rita and Joe. They are good sweet alligators (not real of course).



What a blast we had on the Pillow Jumper. We were bouncing around from color to color. We could have bounced all day!



### CORNELL

We went crazy for ice cream and "compliment tag". We had to give our friends a compliment to unfreeze them. We are such a kind and caring group.



# We are learning how to play Tennis Racket Baseball. We learned how to swing the racket, how to hit the ball, how to catch, how to



## chase and how to run the bases. Sometimes we run from first base to third base but that's okay because we are still learning.

We had our first experience playing Kickball. We cannot wait to play it again. By the end of camp we would like to become



## **WELLS**

Kickball Stars.



# down from the wall we received a trophy.

We "balled out" in Basketball. We kept on saying, can we play basketball again?



Half of us jumped from green bands to blue bands. We are cheering on the rest of the girls to get their blue bands. We also had our first birthday celebration!

We were successful in climbing to the top of the Rock Climbing Wall. We touched the dinosaur on top which meant that when we got



### **BARNARD**

We love Interest Periods. We get to choose where we want to go and we get to make new friends from different groups. Our favorite interests are Mixed Martial Arts and Cooking so far.



Who loves swimming? We do! Swimming is fun and refreshing; we get to go down the water-slide; we also get to jump off the diving board. When we are going off the diving board people yell out to us to do a belly flop but thank goodness we are saved by the whistle.



### **DOUGLASS**

We love the game of Kickball. For us it is an interactive sport where we get a chance to work with a team and to show how competitive we are. There was one game where the score was 27-5 and both teams started to laugh. We had to mix up the teams a little bit more and then the next game's score was a lot closer.



### **JACKSON**

Dodgeball has been a big time sport with our group. We felt so confident that we decided to play against Tulane. We played several games and we are happy to say that we beat Tulane more than they beat us. It was a friendly competition.



We learned about turtles and we met the ever famous Bojangles in Nature. We were fascinated with how the turtles moved.



We are working on our swimming skills because we cannot wait to get our green bands.



## PRINCETON

We are great soccer and hockey players. We also are good at playing dodgeball. During dodgeball we caught a lot of balls. Next week we start our Hole in One Golf Competition. We cannot wait.



## **STANFORD**

If we want a place to cool down it is the pool. We love free swim! During free swim we play the "alligator game". It is so much fun.



## **BROWN**

We are getting to know each other in a safe and fun environment and we are becoming a close summer family.



# What can we say but we are having a fun, fun, fun time at camp. We are making new friends and we are seeing old friends.

**HARVARD** 

Gaga is the activity of the week. We keep on asking Spencer if we can play. It is so much fun and we can plan secret moves to avoid the ball.

Did someone say Relay Wheel Barrel Races? We loved our relay race! We wore funny butterfly and duck masks while doing the activity



## **DARTMOUTH**

We also love Gaga. We find it competitive but we also are good sports. We keep on encouraging each other.



We love Kickball! We enjoy the games, playing on a team, and being competitive.



## **COLUMBIA**

We are enjoying sunshine and finally love being a part of Senior Camp. Yahoo!



# **DUKE**

Dodgeball is the game for us! We love playing in teams and we love that our counselors play dodgeball with us.



Whenever we have any free time we love playing 3-Ball which is a Basketball Game. We are very competitive.

and laughed so much.