



SUMMER 2022

FAMILY PLAYBOOK

CAMP DATES:
MONDAY, JUNE 27TH THROUGH THURSDAY, AUGUST 18TH

Welcome to **CAMP NABBY**

CAMP DATES 2022

Week 1 - Monday, June 27 through Friday, July 1

Please note: No Camp on Monday, July 4th

Week 2 - Tuesday, July 5 through Friday, July 8

Week 3 - Monday, July 11 through Friday, July 15

Week 4 - Monday, July 18 through Friday, July 22

Week 5 - Monday, July 25 through Friday, July 29

Week 6 - Monday, August 1 through Friday, August 5

Week 7 - Monday, August 8 through Friday, August 12

Week 8 - Monday, August 15 through Thursday, August 18



A DAY IN THE LIFE



GROUPS

We have 26 groups at Camp Nabby, each one named after a college or university. Each group has their own “bunk” for campers to store their Nabby backpacks each day and get changed for swim. Each bunk also has a refrigerator to store camper lunch/drinks (if they bring to camp).

Our campers range in age from 3 to 13 and are placed in either our Pre-K, Junior Camp (Kindergarten through 3rd grade) or Senior Camp (4th grades through 8th grades) divisions.



SCHEDULE

Each group has an assigned schedule to ensure equal parts athletics and creative group activities. Throughout a regular camp day, counselors will determine the best use of field space and designated play areas; the staff is encouraged to mix things up to keep campers active and engaged. Each activity is approximately 30 minutes except for instructional swim (20 minutes) and Senior Camp Epics and Interest Periods.



RAINY DAY SCHEDULE

Rain or shine, we have a great program planned for your children at Nabby! On rainy days, we have a special schedule designed to keep our campers active and dry. We are fortunate to have 11 covered facilities in addition to each group having their own bunk, which allows us to continue activities ranging from music to mini-golf, arts & crafts to basketball/hockey, dodgeball and movies in the Nabby Dining Room!



WHAT TO BRING EACH DAY

(Please be sure to label everything clearly with first and last name)

- Two Bathing Suits
- Two Towels
- A bag lunch (Monday through Wednesday) if not purchasing our hot lunch program
- A face mask/covering (only if necessary)
- Recommended: Water Bottle & Sunscreen
- Optional: Pool shoes, Goggles

WHAT TO WEAR

- Comfortable, athletic clothing is strongly encouraged, including shorts and t-shirts (all clearly labeled with your child’s name).
- Sneakers are also strongly recommended (no sandals/thongs/crocs).
- On cooler, rainy days, feel free to include a rain jacket or sweatshirt in your child’s bag.

SPORTS EQUIPMENT & PERSONAL BELONGINGS

We have sports equipment at camp, but recommend Senior Campers bring their own tennis rackets and baseball/softball gloves.

For Junior Campers who have tennis instruction, we will provide tennis rackets so you don’t have to take up more space in their bags.

We ask that you not allow your camper to wear expensive jewelry or bring any personal/valuable items to camp. Electronics are also not permitted.

INCLEMENT WEATHER

Camp is scheduled rain or shine, with the exception being if we expect a severe weather event (ie Tropical Storm/Hurricane).

If severe weather is forecast, we will notify all families the evening prior and will confirm any camp cancellation early that morning to give you time to make alternate plans for the day.

Please be sure to opt-in to Camp Nabby text alerts on our parent portal to receive timely information.

HEALTH & WELLNESS



HEALTH FORMS & STAFF

Immunization Forms

Per Department of Health requirements, it is imperative we receive all completed immunization forms prior to the start of camp. These forms include COVID-19 Vaccination status and updated immunization updates.

Health Directors

We have two registered nurses on staff who manage the health & well being of our campers and staff. Our health directors manage all camper care and will provide medicine/treatments as directed.

Any medication, epi-pens or inhalers to be administered during the camp day must come to the Health Office in original packaging with a doctor's note or prescription. All medications/treatments should be dropped off by an adult prior to camp opening.



MASK POLICY

Following NY State Department of Health guidelines, mask wearing at camp is not required (unless your child had COVID-19 and is returning from isolation to camp on days 6-10).

While not required, if your child does bring a mask to camp, please have it clearly labeled.



SANITATION & HAND WASHING

We take great pride in the cleanliness of our facilities and use all CDC and Department of Health recommended sanitation products. We clean equipment and frequently shared surfaces throughout the day.

We encourage all campers and staff to wash hands throughout the day, upon arrival, before and after meals, after using the restroom and after activities. Our Camp features many hand wash facilities and hand sanitizer stations located throughout the property.



COVID-19 INFORMATION & PROTOCOLS

Per Westchester County Department of Health Best Practices:

If your child tests positive for COVID-19:

- Please call the camp office and let our Health Director know. Your child will need to stay out of camp for at least five days, where day 0 is the day of symptom onset or (if asymptomatic) the day of their first positive test.
- If asymptomatic at the end of five days or if symptoms are resolving, isolation ends and your child can return to camp and wear a well-fitting mask while around others (days 6 through 10).

Please note that protocols may change and if we have updated policies, we will share them with you.

If we have a positive COVID-19 case in camp, we will notify all close contacts (children in the group and bus/van if applicable).

- If your child is symptomatic, they should stay home.
- If your child is asymptomatic and vaccinated or had COVID-19 in the previous 3 months, they can remain in camp and participate in all activities.
- If your child is asymptomatic and unvaccinated, they can remain in camp provided they follow frequent testing (at least twice within 5 days) from the date of the exposure or potential exposure (day 0) through at least day 5, is strongly recommended. We also encourage mask wearing while indoors (arts & crafts, bunk and bus) during this time frame.
- Testing on Day 5 of exposure is strongly recommended to detect infection, regardless of vaccination status.



NOT FEELING WELL?

We ask that anyone in our Nabby community (parents/guardians, staff, children) who are feeling sick or have a temperature of 100.4 or above, please stay home and do not come to camp.

All absences should be reported to the camp office by 9 am so we can plan for the group activities accordingly.

FOOD & DRINKS



LUNCH & SNACK

Nabby provides all campers with 2 snacks each day, as well as lunch on Thursdays and Fridays.

Hot Lunch is also available Monday through Wednesday, for an additional fee of \$35 per camper. Families can register their children for the entire camp session or on a weekly basis. To add or remove your weekly service, we ask that you notify us by email (ruth@campnabby.com) or phone (914 528-7796), the Thursday prior to the following week you are adding or subtracting.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Tenders Potatoes Vegetables Salad Dessert	Pasta & Meatballs Bread Salad Dessert	Chicken Quesadilla Spanish Rice Dessert	Nabby BBQ: Beef Hamburgers <small>(fresh from Hemlock Hills Farm)</small> Veggie Burgers, Kosher All-Beef Hot Dog Turkey Dogs <small>(on request)</small> Potato Chips Ice Cream	Pizza! <small>(gluten free on request)</small>

DAILY SUBSTITUTIONS

Daily substitutes for hot lunch will include bagels, yogurt, cereal and/or fruit. We are a nut aware camp. No items that contain nuts or are processed in a facility with nuts are served.

Daily snacks include seasonal fruit, vegetables, cheese & crackers and plenty of water!

Ice Cream is also served to campers twice a week on Tuesdays and Thursdays.

FOOD ALLERGIES

Camp Nabby does not serve nut products. Our staff is made aware of all food & nut allergies and will keep children away from children with nut products in their personal lunches. Parents serving peanut or tree nut products are asked to clearly label the bag with "PEANUT" or "NUTS" and those children will be required to wash their hands after eating.

STAYING HYDRATED

We recommend campers bring their own labeled water bottles and we will encourage refills throughout the day. We have water fountains throughout camp and a designated "Hydration Station" in the shade to allow campers to stay cool and remain hydrated.



SWIM & TRANSPORTATION



SWIM PROGRAM

Our swim program is under the direction of our Aquatics Director and staff of Lifeguards and Water Safety Instructors.

All campers have scheduled swim periods twice a day. The morning swim is an instructional swim taught by our own lifeguards and specialized staff with W.S.I (Water Safety Instructor) certification. Our afternoon swim is recreational, and supervised by assigned seated group counselors and our lifeguard staff.

In both periods, campers are paired with a “Buddy” that is to be in close proximity throughout the swim.

SWIM LEVELS: RED, GREEN & BLUE BANDS

With camper safety as our primary concern, all non-swimmers will be in water depth of chest/shoulder high or lower. They may, in our instructional swim only, be in deeper water with their swim instructor. All non-swimmers will be issued and must wear to swim, a **RED** wristband for counselor and life guard identification.

To swim in our middle size or large pool, where the depth is above chest/shoulder height, campers must prove their ability in our “Swim Quest” by swimming the length of our middle pool (44 feet), tread water for 60 seconds, and retrieve an object from the pool bottom. Swimmers achieving this quest, will be issued **GREEN** wristbands, and are allowed to swim in our middle pool and shallow end of our large pool (both up to 5 feet deep).

To qualify for our diving board and water slide section of our large pool, campers must swim the pool length (90 feet) as well as tread for 60 seconds and retrieve an object from a depth greater than 5 feet. These swimmers will be issued a **BLUE** wristband, our highest qualification.

All campers are evaluated at the beginning of their camp session and continually throughout the summer.



PARENT PICK-UP & DROP-OFF PROCEDURE

PRE-K DROP-OFF AND PICK-UP:

Pre-K campers should be dropped off at the Front Gate of camp (corner of Tamarac Street & Nabby Hill) between 8:40 am and 9 am . We ask that you stay in your seat and allow our staff to help the children in and out of the car.

Pre-K pick up is at 3:45 pm in front of the white house at 1 Nabby Hill. Pre-K parents should display their **GREEN** windshield card for identification.

JUNIOR CAMP DROP-OFF AND PICK-UP:

Drop-Off: Junior Campers (K through 3rd grade) should be dropped off at the front gate of camp (Tamarac Street & Nabby Hill) between 8:40 am and 9 am. We ask that you stay in your seat and allow our staff to help the children in and out of the car.

Pick-Up: Pick up starts at 3:50 pm at the front gate and all cars should line-up along the green fence on Tamarac Street.

Junior Campers with Senior Camper siblings will dismiss at 4:05 pm with the rest of the Senior Campers. Junior Camp parents should display their **YELLOW** windshield card for identification.

SENIOR CAMP DROP-OFF AND PICK-UP:

Drop-Off: Senior Campers (4th-8th grade) with Junior Camp siblings should be dropped off at the front gate of camp (Tamarac Street & Nabby Hill) between 8:40 am and 9 am. All other senior campers should be dropped off on Dale Street.

Pick-Up: Parents should arrive no earlier than 4:05 pm at the front gate and all cars should line-up along the green fence on Tamarac Street.

Senior Camp parents should display their **RED** windshield card for identification.

Senior Campers with no Junior Camp siblings should be dropped off and picked up at our camp back entrance at the Dale Street

DOOR-TO-DOOR AND SATELLITE BUS SERVICE

All campers choosing door-to-door or satellite bus service will receive contact information from their bus monitors in the days prior to their start date and pick-up/drop-off times prior to camp opening.

LATE ARRIVAL & EARLY DEPARTURES

Children can be dismissed early from camp if we have written permission from a parent via email, written note or phone call.

Early dismissal must be before 3:30 pm and we will bring your child to the front gate for sign out. Due to safety reasons, parents will not be permitted in the camp office.

We will bring your child directly to you!

SPECIAL EVENTS, GEAR & MORE!



SPECIAL EVENTS

THEME DAYS & DRESS UP DAYS

Throughout the summer we like to schedule a variety of theme/dress up days, which allow our campers (and counselors) to show a little extra style! Examples include Super Hero Day, School Pride, Wacky Socks and Pirate Day!

We encourage our Nabby community to be creative and have fun (please note participation is not required). You can follow along with our special theme and dress up days on our 2022 Summer Calendar featured on our website and this information packet.

CAMPER BIRTHDAYS

We will celebrate camper birthdays this summer by capturing a special photo of the birthday camper and sending it home with a gift from Nabby. Due to our nut aware policy, we discourage sending in birthday treats for the group.



CAMP GEAR & MERCHANDISE

BACKPACKS, TOWELS AND T-SHIRTS

Families are invited to pick up a Nabby backpack, towel and t-shirt for each camper any weekend (except Sunday, June 12) throughout the month of June between 10 am and 2 pm or during the week by appointment.

- If you would like additional Nabby gear, we offer a few items for sale that can be ordered via a form online at campnabby.com/gear or when picking up your camp gear!!



CAMP PHOTOS & PICTURE DAY

We have a camp photographer on site who captures daily photos and posts them online in our parent portal on campnabby.com. To access our daily photo galleries, look for the Camp Today tab in your parent portal.

We have one Photo Day at camp to capture portraits and group photos scheduled for **Friday, July 15th**.



CAMP COMMUNICATION

We offer a few different ways to stay in touch with Nabby through the summer:

Please feel free to contact us at info@campnabby.com or call during camp hours at 914 528-7796.

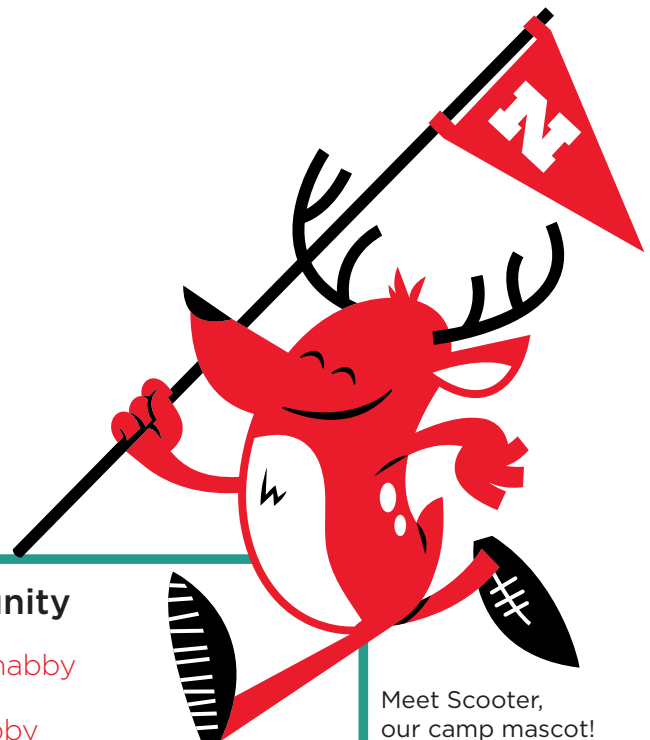
NABBY NEWS:

Our weekly email newsletter delivered to your inbox every Friday featuring great photos, up to date news and articles from camp.

Join Our Social Community

Follow: [Instagram.com/campnabby](https://www.instagram.com/campnabby)

Like: [Facebook.com/campnabby](https://www.facebook.com/campnabby)



Meet Scooter,
our camp mascot!