

NABBY NEWS



WEEK 6 - AUGUST 7TH, 2021

DISNEY, PIRATES AND THE APACHE RELAY!

COMMUNITY WEEK AT NABBY CELEBRATES HELPING HANDS

We are introducing a Community Week at Nabby this summer, celebrating those with **"Helping Hands"** in our community as well as providing an opportunity to help others in need outside of our camp community. Throughout the week, we are encouraging campers and counselors to recognize individuals who have shown kindness, caring and support - and celebrate them with a thank you note on our **"Helping Hands"** wall that we will display at camp. We are really excited about sharing this with our campers on Monday and honoring good deeds at camp!

As a long standing family owned business, we have always been incredibly proud of and thankful for the greater Westchester community and all that it has given to us. We are always looking for ways to say *"thank you"* and give back to those in need.

As the camp season winds down, we will be donating non-perishable foods from camp to the Northern Westchester Community Center in Katonah. The Center serves our greater Northern Westchester communities and we understand from our friends there that stocking their food bank is a great need, particularly this year. If you would like to join us and contribute as part of our Camp Nabby donation, we will be collecting non-perishable food at camp from Monday, August 9 through the 13th. At the end of camp, we will then make a special drop off at the Center on behalf of our Nabby community!

CAMP NABBY

Helping Hands

Here is a list of requested items if you would like to participate:

- Canned fruit and vegetables
- Dried and canned beans
- Hot and cold cereal
- Tuna and canned chicken
- Cans of soup, beef stew and chili
- Pasta, rice and spaghetti sauce
- Peanut butter and jelly
- Fruit juice
- Dry or shelf-stable milk

Simply give the item to your child/dren to bring in to camp and notify your counselor, or bring directly to our office if you prefer. This effort is purely optional, we just wanted to share the opportunity with you and your children. **THANK YOU.**

JESTER JIM...WHAT A SHOW!!!

This week, the ever popular Jester Jim brought his crazy antics and hilarious personality to the Nabby stage. Jim juggled everything from balls to bowling pins to toilet plungers while balancing on different "don't try this at home!" objects. Of course, his act required background music and not just any music! The campers offered up strange sounds that Jim played on a loop to create a wild one of a kind song. He had great help not only from different Nabby campers handing him different things to juggle, but also from counselor Matt from Tufts who was able to catch 5 balls thrown to him at once. Everyone had a fantastic time and we can't wait a whole year to see Jester Jim again!



THE WEEK AHEAD...

WEEK OF AUGUST 9TH - AUGUST 13TH

COMMUNITY WEEK

Celebrating Helping Hands at Nabby

WEDNESDAY, AUGUST 11TH

SCAVENGER HUNT

Nabby's Newest **EPIC** Event!

FRIDAY, AUGUST 13TH

TIE DYE AND NEON DAY

Wear those groovy tie dye and neon clothes to camp!

* BE SURE TO CHECK YOUR NABBY CALENDAR THROUGHOUT THE SUMMER FOR MORE FUN EVENTS

SEEN AROUND CAMP....

A BABY BIRD TO WARM OUR HEARTS

Earlier this week, our girls from the Bates group were surprised to find a baby bird that had fallen out of his nest above the Senior Camp Gaga pit. They immediately contacted Ranger Rick and he and his assistant Daniel came to rescue the sweet baby bird. In the following days, the Cedar Waxwing has become a new camp favorite at Nature and many of our campers have had the chance to meet and even feed the little bird. We have also named the bird after the Bates group since they first discovered it. Our baby is growing stronger every day and we expect it to be ready to take full flight in 10 days or so - but not before leaving a special mark at Nabby.



DISNEY DAY DEBUT

On Tuesday we celebrated everything Disney on our first ever Disney Day! From our morning entertainment trivia contest to great Disney songs throughout the day in Music, and of course the wonderful outfits worn by campers and counselors - Nabby was truly a magical kingdom!



YOGA WITH PETE

Throughout the week our Senior Camp groups got to try something new -- Yoga for kids with teacher Pete Guinasso. Pete came to Nabby all the way from California, where he has been practicing Yoga for over 20 years and teaching for 15 years in the Bay area. Pete spoke with our campers about the physical and emotional benefits of Yoga and the connection to successful sports training and study habits. "I was excited to see the campers try a new pose and have success as well as explore yoga practice". It was a real treat to have Pete in camp and introduce our older campers to something new. Though based in California, you can catch Pete online teaching all levels of Yoga via Zoom at www.petegyoga.com.



COLORFUL SMITH GIRLS

The girls of Smith have had a special treat this summer when head counselor Aimeé

Freundlich has created balloon hearts, flowers, butterflies and animals just for them!

Not only does Aimeé twist balloons, but she also does face painting and is available for parties. Photos of her work can be found on Instagram: [@facepainteraf](https://www.instagram.com/facepainteraf).



AYE MATEYS!!!

Shiver me timbers...Pirate Day at Nabby was full of swashbuckling fun! Campers came dressed to set sail and had so much fun this week at Arts & Crafts, making their Pirate Captain name plaques, treasure maps and treasure boxes. Campers also enjoyed a special morning assembly gathered around the big pool to watch our Pool Staff enter the waters after hearing the chants of "Walk the Plank!" "Walk the Plank!"



THE GREEN TEAM CELEBRATES A HARD EARNED WIN!

Wednesday's running of the epic of all epic events, the annual Apache Relay, produced one of the most exciting contests ever! All campers from the senior camp were divided into four teams - RED, GREEN, BLUE and WHITE - and raced throughout the camp to perform various skills as quickly as possible. These skills included tennis, basketball, baseball, archery, gymnastics, swimming, piano playing, and wood sawing just to name a few.

From the four runners frenzied unwrapping and searching for the correct baton to begin the race to the fire making final event, the teams were closely matched. First to find their baton and start the race was the White team, followed by the green, then red, then blue. As they raced through camp, the goal was to get to the fire making area first and create a flame that reached high enough to burn through a string 18 inches high.

The Red and Green teams entered the fire making area within seconds of each other, and with cheers from the Junior Camp onlookers, started to make their fire. The Green team's fire makers were incredible and had their fire going immediately. As their fire making team circled the flame to prevent any wind from blowing it out, the Green team chants of "Let's Go Green" ended with huge cheers as their fire burned through their string first, giving them a well earned victory! The winning time this year was 22 minutes and 17 seconds.

Co-Captain Luke, who's been at Nabby since he was three years old, said "I've been watching the Apache Relay for so many years and was so happy to be partnered with Amanda to captain this team to victory!" We might note that Luke actually won the relay for the Green team when he was a runner as a Penn camper some 6 years ago! Congratulations to all our campers for their incredible effort throughout the race and most of all, for continuing this great Nabby tradition and having so much fun!



Red team captains Grant and Sam with runner Lucas



Blue team captains Eric and Samantha with runner Stephanie.



White team captains Sam and Sasha with runner Logan.



Green team captains Luke and Amanda with runner Kylie.



The Art Shack team of Janice, Jenna and Phoebe with their securely wrapped baton package.



The GREEN team celebrates a hard earned win!

**CUBS**

We fed the lizards' crickets at Nature. It looked like the lizards really enjoyed eating them. We also met a baby bird that was lost from its mom. We were so excited that we got to feed it berries.

**PUPS**

When we went to Nature we saw a baby bird that was found by a camper. We got to feed the baby bird with a dropper. The dropper had raspberries in it. It looks like the bird is going to be just fine. Another cool part was seeing the bird poop right after we fed it. :)

**SMITH**

We learned a new game this week called Grit Ninja. We loved learning the moves to the game.

**CORNELL**

We had a blast watching Jester Jim perform his antics at the show on Thursday. We were belly laughing at his jokes.

**VASSAR**

We practiced our special song, "Roar" as a group and we sounded fantastic. We cannot wait to perform it on stage.

**SKIDMORE**

We had quite the week. We learned how to play "silent dodgeball". We really loved that game. Sleepy Lion was another popular game that we learned. We also got to watch the Jester Jim show. It was amazing!

**WELLS**

We learned a lot of new games this week. We learned how to play "running bases" and hockey. What we really loved the most was seeing the baby bird that another camper found and gave to Ranger Rick. We were allowed to feed it and just watch it. It was so cute.

**BATES**

We enjoyed many new games this week. "Silent Dodgeball" happened to be one of them. The second one was TRB (Tennis-Racquetball-Baseball). We were hitting the tennis balls right over each other's heads.

**BRYN MAWR**

We had the most team spirit this week. Every day we represented our group. Pirate Day was a big hit for us. Not only did most of us dress up like pirates but we participated in the pirate show. The pirate show consisted of the counselor pirates walking the plank (the diving board) and diving into the pool. We laughed so hard.

**BARNARD**

"Little Sally Walker" is an oldie but a goodie game. We loved playing the game and watching the person in the center of the circle doing their thing. Tennis-Racquetball-Baseball was another new game that we learned and enjoyed.

**RADCLIFFE**

We tried yoga this week and it was so relaxing. The entire group enjoyed the experience.

**DOUGLASS**

Did you ever play "Pillow Polo"? Well, we did and we enjoyed it. We cannot wait to play it again.

**JACKSON**

We played Tug of War against Penn and we defeated them. "Steal the Bacon" was a new game that we learned we couldn't get enough of! We kept wanting to play it.

**YALE**

We couldn't get enough of Pirate Day! We all met up at the pool in the morning and we watched some of the pirates walk the plank (diving board) and some pirates find the treasure. We loved viewing the baby bird in Nature. We think it was a WaxedTail Bird. We watched it eat fruit. We thought it was so cute!

**COLGATE**

We were introduced to the turtles at Nature. We were allowed to hold them and we learned a lot of information about them. We were all involved in Disney Day. We loved it. The Jester Jim show was fantastic. We enjoyed watching him juggle.

**PRINCETON**

We are playing hard and scored 82 runs including several grand slams in our baseball competition. We have 48 Hole in Ones in our miniature golf competition. We have to say that we are sooooo good in Gaga. If Gaga becomes an Olympic sport our group would get the gold. :)

**STANFORD**

We made a fantastic creation in the gazebo with all the pails. We really worked hard together to get it done. We have been working on our song, "Eye of the Tiger". It is coming along nicely.

**BROWN**

We are in constant motion in the Brown group. We are playing Wall Ball every Wednesday and loving it!

**HARVARD**

Our new favorite game for the week is "Steal the Bacon". We really are enjoying it.

**TUFTS**

The highlight of our week was playing football. We learned the intricacies of the game.

**DARTMOUTH**

MISSING THIS WEEK.

**WILLIAMS**

We really enjoyed hearing about and seeing the baby bird that was left on its' own that another camper saw. Ranger Rick came to the rescue and we were able to feed the bird through an eye dropper. It was eating raspberries. That was so cool!

**COLUMBIA**

We were excited to start the week getting ready for our first "Apache Relay" and ending it making homemade dessert in Cooking Class!

**DUKE**

What we absolutely loved was the Apache Relay. We were split into White, Green, Red and Blue teams. Even though the Red team got to the campfire first, the Green team was able to burn the string first. No matter what team we were on - we all had a lot of fun.

**TULANE**

We played "Tug of War" against the Jackson team. We beat the Jackson girls the first time; they beat us the second time and on the third time we beat them again. Let our friendly rivalry continue!

**PENN**

We liked the morning announcements on Friday because some counselors had to jump in the pool and we got splashed!

