# NABBY NEWS WEEK 1 - JULY 2ND, 2021

# A SPECTACULAR OPENING WEEK AT NABBY

# **WELCOME TO SUMMER 2021**

What a wonderful first week of camp we have had! It has made us so happy to see the smiles and pure joy on the faces of all our campers and counselors. From the moment our campers arrive to the end of an activity filled day, we have been so thrilled to hear the laughter and sound of summer at Nabby again!

We opened the season with high temperatures but made sure to keep the children hydrated and in the water as much as possible in our first few days. We also prepared for rainy day schedules in the latter half of the week and were happy to see so many of the children ready to have fun no matter what the weather conditions.

During the camp season we will send the Nabby News every week so you can stay in touch with what's going on at camp. Please pay special note to the The Week Ahead so you don't miss a thing!

From our family to yours, all the best for a safe and spectacular 4th of July Weekend!

Best,

Joe + RITA

# THE WEEK AHEAD...

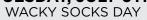
WEEK OF JULY 5-9

# MONDAY, JULY 5TH

⊗ NO CAMP ⊗
Fourth of July Holiday



TUESDAY, JULY 6TH



Wear your craziest or mismatched socks to camp!

# WEDNESDAY, JULY 7TH

EPIC EVENT
Capture the Flag (Senior Camp)



FRIDAY, JULY 9TH

PHOTO DAY

Wear your Nabby shirt and extra big smile for group and individual portraits!

\* BE SURE TO CHECK YOUR NABBY CALENDAR THROUGHOUT THE SUMMER FOR MORE FUN EVENTS

# RED, WHITE & BLUE CELEBRATION AT NABBY

Our Nabby community showed their true colors on Friday with a spectacular red, white, and blue celebration. Campers and counselors came dressed to impress and our morning entertainment featured a lively counselor scavenger hunt that had our campers cheering all the way through. Throughout the week, arts & crafts projects were themed around "stars and stripes" and we ended the week with a delicious watermelon snack to get everyone excited for the 4th of July weekend!









# **KEEPING IT COOL AT NABBY**

Despite the extreme heat in the first week of camp, our Nabby campers were able to beat the heat all day long! Besides swimming twice a day, the children enjoyed refreshing visits to the Hydration Station, the Water Park with Downpour Derby and a raincloud "drip line" that was set up over the Nabby track!











# NABBY'S SWIM PROGRAM



Swimming is at the heart of the summer experience at Nabby, with the program being designed by our Director Joe who was a swimmer at Rutgers University and swim coach for 35 years.

Our 2021 pool staff is an enthusiastic crew of lifeguards and WSI certified instructors led by our pool director Adam Shavitz. Adam has been involved in swimming for 29 years as a lifeguard, Water Safety Instructor and Pool Director and is in his first year at Nabby. "The pool has always been my passion as I enjoy watching new swimmers go from just getting their faces wet to performing the front crawl." During the school year, Adam is a special education teacher and track coach at Clarkstown North High School.

Nabby has three beautifully maintained pools on campus. The small and middle pools are heated to enable our younger swimmers to feel comfortable in the water. Our newest and largest pool is 90 feet long (!) with a very large shallow end and an always entertaining diving board and slide in the 10 ft deep end.

All campers have two swim periods each day with a morning instructional swim and afternoon free swim period. To ensure our campers are safe and in the right size pool for them, we offer testing beginning on day one of camp.

All beginning swimmers who are working towards the middle pool test receive a green band when they are able to do three things: swim the length of the middle pool doing a front crawl with proper breathing, tread water for a minute and retrieve an object at the bottom of the pool at the 5 ft depth.

To receive a blue band and enjoy free swim in the large pool, campers need to swim the length of that pool, tread water for a minute and retrieve an object on the bottom of the pool at the 7-9 ft depth. The pool staff will continually test swimmers who want to be tested and will work towards building confidence in those who are improving their skills so that they can earn the band of their choice.

Our goal is for every camper to have success and progress in their abilities throughout their time at Nabby. We hope you will see a big improvement in your child's swimming ability by the end of the summer and we thank our dedicated pool staff who will do their very best to make that happen!

# **HOT LUNCH HITS THE SPOT!**

We hope children who are participating in our new hot lunch program, have been happy with the first week of meals. We had many families ask for lunch over the years and we wanted to provide a quality option for our campers. We are thrilled to partner with a local restaurant - Little Sorrento's - and it's long time owner, Gina DiPaterio to deliver delicious meals to our campers and staff. We've heard from one happy camper this week that the mac and cheese "was much better than my mom's", which made us laugh and smile!

A reminder that hot lunches can be ordered on a weekly basis with the deadline of Thursday at 10 am for the following week. Just contact Ruth at <a href="mailto:Ruth@campnabby.com">Ruth@campnabby.com</a> and let her know if you are interested.



# COOKING CLASS MAKES IT'S DEBUT AT NABBY

We introduced a new interest period activity this summer and our campers absolutely loved it! Three groups of campers signed up for our cooking class and made Mud Worms, Deli Sushi and Vanilla Ice Cream.

Our instructor Rene Falk from Lilli Berries Bake shop had a great time with our campers and looks forward to sharing more great recipes in the weeks ahead!!



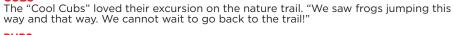
# **NEW NABBY GEAR HAS ARRIVED!**

We always love seeing our campers in Nabby gear and wanted to provide some additional options for both campers and parents. If you are interested in purchasing any of our new tees and sweatshirts, please order on <u>campnabby.com</u> and we will have delivered to camp for pick-up.













The "Playful Pups" are off to a fun start. "We loved walking on the nature trail where we not only saw frogs but we were able to pet them. They were kind of slimy but cool."



introduced us to some fun animals and took us on a tour of the nature trail. We are looking forward to the week to come."



Cornell got super crafty at art and loved creating colorful fireworks!



## VASSAR

We loved creating firework pictures in art. "We cannot wait to display them at home for the 4th of July weekend. The obstacle course in gymnastics was a lot of fun. We showed off our good balancing skills."



The "Sunny Skidmore" Group would stay at the water park all day if they could. "We loved getting wet but we also had a fun time dunking water on the counselors.'



Wells went wild and wacky for Swim this week!



# BATES

Bates had a fun-filled week meeting new friends. "Running races on the Nabby track was so exciting. We loved cooling off in the pool after that.



The girls from Bryn Mawr loved their first week at Nabby. "Aerial Adventure was definitely our favorite part of the week. We loved climbing the rock wall and getting our trophies."



"Our highlight for the week is that we had a blast playing dodgeball. It was fun getting people out but it was also fun getting out."



# **RADCLIFFE**

The girls played Gaga as many times as they could. They were obsessed with it. "We also like to play in the Imagination Playground and make crazy creations.



# **DOUGLASS**

The "Daredevil Douglass" group played against Tulane in dodgeball. "We are tied one game to one. We are ready to take the overall win next week".



# **JACKSON**

Jackson girls are ready to dominate over the Tulane boys in dodgeball. "So far we are tied one to one. Who will win the next game? Hopefully us."



"Ranger Rick" took us on the Nature Trail. We saw frogs jumping around. Ranger Rick also let us touch the turtles. We cannot wait to go in the mud!"



# COLGATE

'We went to pick up the box turtles in Nature. They were so exotic looking! They were friendly. Our second favorite thing this week was eating the popsicles. We had green, orange, red, and blue tongues after that."



"We are going to begin our Hole-in-One contest next week. We had an exciting soccer game. We had ten catches in Dodgeball! We played our first hockey game, baseball and Gaga."



# **STANFORD**

The boys have been off to a great start getting to know each other and learning new skills. They are learning to become the best campers ever!



# **BROWN**

Aerial Adventure has been the most exciting activity we did this week. "We can hardly wait for week 2!"



"We are having fun and making new friends. So far our favorite activity is playing Gaga. We cannot get enough of it!"



The "Terrific Tufts" group loved playing Gaga. "Jumping into the pool was amazing because it cooled us off."



# **DARTMOUTH**

"We had so many activities we loved but our favorite was when we played the ultimate Rocks-Paper-Scissors game on the hill in the shade on a hot day'



"We have awesome counselors and we especially loved beating them three times in Dodgeball"



# **COLUMBIA** We are an excited mix of new and returning campers that enjoy playing new games and making new friends.



# DUKE 'We are all so proud of ourselves for passing the swim test to get our blue bands. Go Duke!"

'We had a blast playing dodgeball against Douglass. It's going to be a good rivalry"



Our most favorite part of camp this week was having fun with new and old friends. We didn't have to wear masks and we were able to just return to normal. Thank you so much Camp Nabby!'