

NABBY OPENS FOR IT'S 78TH YEAR!**WELCOME TO NABBY!**

Summer starts when camp begins! We'd like to welcome back all the familiar faces from the past few years and are excited to get to know our new campers and counselors!

Nabby is a family run business (there are 8 family members on campus!) and we treat our campers as we would our own children. We've watched them grow from year to year and love seeing the changes not only in their height, but also in their maturity.

Over the years, our staff has truly become part of our extended family. We've followed them as they go through college, get married and now even have their children as second generation campers!

We look forward to another amazing summer with your children and will always be available for any questions or concerns you might have.

- Joe and the Bertino family**QUOTE FOR WEEK ONE...**

"I know that it is wet and the sun is not sunny, but we can lots of good fun that is funny!"

- Dr. Seuss

WHAT'S NEW AT NABBY!

A quick glance around the Nabby grounds will show off our new 2018 additions! Our old gazebo, which was brought down by a tree this winter, was replaced by a custom built, larger and definitely more spacious new one...complete with a beautiful eagle weather vane. It serves as one of our 11 covered activity areas when we have rain. Of course, long time campers and counselors know of the "Nabby Bubble" that seems to keep us dry when rain is all around the local area!

Our archery area was improved with an entrance and four new targets and has become a popular interest period activity for the senior camp.

We also added a Hydration Station this year. A perfect shady spot with tables for snack time and cold water always available on those hot summer days. We always encourage our campers to hydrate, and now we have an info chart posted at the station showing the necessity of drinking enough water daily.

Probably the most exciting feature to come to Nabby is the new High Ropes Course that was added to our popular Aerial Adventure. Campers will be able to walk among the trees on logs, wire and wooden boards while being secured by a double lock safety cable system controlled by our well trained staff, headed by Erin Appelle.

UPCOMING EVENTS!**Week of July 2 - 5****Tuesday, July 3rd
RED, WHITE AND BLUE DAY!!!****Wednesday, July 4th
NO CAMP!!! Enjoy the fireworks!****Thursday, July 5th
Capture the Flag (Sr. Camp)****NABBYS LIT PROGRAM**

Transitioning from the fun and carefree summer of a Nabby camper to the responsibility required for a Nabby counselor is the goal of our Leadership in Training (LIT) program. This program is available to teens who are 14 years old...too old for a camper and too young for a CIT or counselor.

This year, our LITs (who have a combined total of 156 YEARS at Nabby!!!) went through a three day training program under the leadership of Dan DeBeer (the big kid in the middle in the sunglasses!) and some of our LITs came away with the following thoughts...

"This was a hands-on experience to what it's like being a counselor"

"I learned how to connect with kids on a deeper level"

"I learned how to resolve conflicts with campers"

"I'll learned the 3 F's...be fun, fair and firm with the kids"

"We learned to encourage campers and have a positive mind-set"

It looks the Nabby's future leaders are off to a terrific start!



COLOR WAR BEGINS!

What do hula hoops, footballs, water buckets, balloon popping, three legged runners, jumping jacks and a tug of war have in common??? All part of the Relay Races that were held this week in the first Epic Wednesday Event of Camp Nabby's Sr. Camp Color War! The entire Sr. Camp is divided into two teams...RED and WHITE...and will compete against each other throughout the summer to earn points towards the coveted Color War trophy.

The Relay Races gave the RED team a 1200 to 300 lead over the WHITE team. While the RED team excelled in the races, the WHITE team garnered 200 extra points for their enthusiastic cheering and never give up attitude! Next week our Epic Wednesday Event, Capture the Flag, will actually be held on Thursday as we have no camp on July 4th. Look for the WHITE team to stage a comeback!

RED TEAM

1200 pts

WHITE TEAM

300 pts



Meet Mike Vogt...Jr Camp Head Counselor

Mike grew up in Valley Stream, Long Island, where as a youth, was involved in all sports. He did his undergraduate work at SUNY Cortlandt and his graduate work at Western Connecticut State. He and his wife of 17 years live in Yorktown Heights with their 2 daughters, Ava and Olivia (both Nabby campers!). He's been a Phys Ed teacher for 23 years and has coached basketball, soccer and field hockey. He is currently at Brookside Elementary School in Yorktown.

He's excited to work at Nabby and has taught 5 counselors currently at Nabby! Yes...he said they were all GREAT students!

Mike has an English Bulldog, Bernie, who is his school's mascot and has his photo taken often at school assemblies! He also is a huge University of Miami football fan! Welcome to Nabby Mike!



Sr. Camp Head Counselor...Angelo Lamberti

Angelo Lamberti, our new Sr. Camp head counselor, has been with Nabby for 10 years. Previously the head counselor for the PENN boys, he left us 2 years ago to pursue work in another field. But, after missing just one summer at Nabby, he realized his passion was working with kids. Not only is he back working with us, but Angelo also went back to school and recently graduated with his associate degree in liberal arts and social science. He intends to further his education and obtain a degree in early childhood education. In the off season he works full time at his Mother's day care, and is currently training to run in his first full marathon in NYC with Team For Kids in November.

This summer, Angelo also helps Matt Bertino with our morning assemblies which are always the most entertaining and fun filled way to start our camp day.



POOL NEWS

Our 2018 Nabby swim staff, headed by Sarah Wolf, is an enthusiastic and energetic crew! Our goal this summer is to get non-swimmers comfortable in the water and swimming, and to improve the skills of our beginner through advanced swimmers. Our state of the art pool is one of the best in Westchester County and was specifically built to strengthen and enhance our swimming program. Our experienced pool staff (9 of which have their Water Safety Instructor credentials) will offer instructional swim for all campers each morning. They will teach the boys and girls the skills required to progress from our small pool up to our two larger pools.

We sometimes hear that your child can swim everywhere in your own pool, but please keep in mind that when we have multiple children swimming and playing in our three pools, we need to be diligent in our testing to ensure everyone's safety. All non-swimmers and beginning swimmers who are working towards the middle pool test receive a green band when they are able to swim the length of the middle pool doing a front crawl with proper breathing, tread water for a minute and retrieve an object on the bottom of the pool at the 5 foot depth. To receive a blue band for the large pool, they need to swim the length of that pool (90 feet), tread water for a minute and retrieve an object on the bottom of the pool at the 7 to 9 foot depth. We are constantly testing the campers who want to be tested, and are working towards building the confidence in those who are improving their skills so that they can earn the band of their choice.

We hope you will see a big improvement in your child's swimming ability by the end of the summer...we will do our very best to make that happen!

WRIST BAND RULES



LITTLE POOL
2' DEEP

LITTLE POOL
3' DEEP

SMALL POOL

RED WRIST BAND (NON-SWIMMERS)

Campers cannot be in water above chest height.



MIDDLE POOL SHALLOW END
3'-4'

(non-swimmers cannot go in water over chest height)

MIDDLE POOL DEEP END 5'

MIDDLE POOL

RED WRIST BANDS (NON-SWIMMERS)

Campers cannot be in water above chest height.

GREEN WRIST BAND (SWIMMERS)

Have pass middle pool deep-water test. They are permitted anywhere in the middle pool.



BIG POOL 3'-4'

(non-swimmers cannot go in water over chest height)

BIG POOL 3'-5'

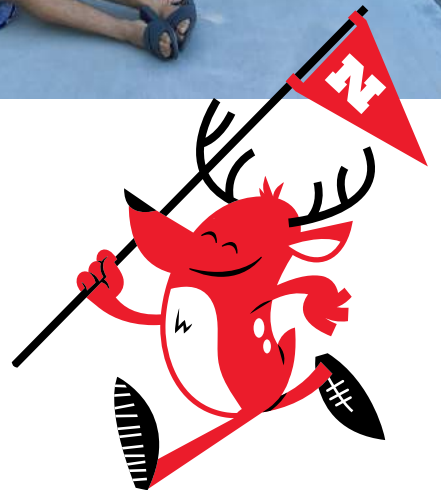
BIG POOL DEEP END 10'

RED WRIST BANDS (NON-SWIMMERS) - Campers cannot be in water above chest height.

GREEN WRIST BANDS - 'Swimmers' can go up to 5' but **NOT** in 10' area with slide and diving board.

BLUE WRIST BANDS - 'Swimmers' have passed the big pool deep-water test and can swim in any section of the pool.

NOTE: SWIM BUDDIES MUST STAY IN THE SAME SECTION OF THE LESS EXPERIENCED SWIMMER



CUBS

The Cubs are making new friends and learning new songs in the Cub House.

SMITH

Smith loves swimming into the 2018 summer camp season!

CORNELL

Cornell is crazy for Gaga!

VASSAR

Vassar scored a lot of victories in soccer this week.

SKIDMORE

Sassy Skidmore loves to “step” on stage.

WELLS

Wells is splashing into the summer!

BATES

Bates loves to go swimming because snack comes right after swimming.

BRYN MAWR

Bryn Mawr loves to try new things and always do our best.

BARNARD

The “Band of Barnard” girls love climbing the Rock Wall and swimming with Sara!

RADCLIFFE

Radcliffe “races” over to Gaga every chance they get.

JACKSON

The Jackson girls so look forward to tennis each day that some are even bringing their own racquet’s with them.

YALE

Yale loved cheering on the biggest turtle, Bojangles, to victory in the turtle races.

PRINCETON

It’s only the 5th day of camp and the Princeton boys have already played kickball, soccer, hockey, basketball, dodge-ball, Gaga, golf and have had music, art, gymnastics and aerial adventure. And we are just getting started!

HARVARD

The Harvard Group was brave enough to play with the scorpions and the scorpions didn’t sting us.

BROWN

With our “team first” mindset, our boys strive to be the best campers they can be - having fun, staying safe and making memories that will last a lifetime.

DARTMOUTH

The Dartmouth boys participated in numerous activities enhancing their skills and creating lifetime memories.

WILLIAMS

The boys love swimming and getting into the pool each summer.

COLUMBIA

The boys in Columbia are trying new games every day and they are improving their skills.

DUKE

Duke dares to be adventurous with the aerial adventure.

TULANE

The Tulane Crew is super cool and are always looking forward to the pool!

PENN

Penn was surely pushing the pace at the relay race.

