

# NABBY NEWS



WEEK 3 JULY 10<sup>TH</sup> - JULY 14<sup>TH</sup>

## SUPERHEROES AT NABBY!

### NABBY GETS GRITTY!

For the past three years, Nabby has partnered with Grit Ninja to bring ninja-style classes and activities to camp. Last week, our campers enjoyed classes and interest period programming featuring the famed "warped wall", expanded truss rig with a monkey bar unstable bridge, rings and cannon balls, and an obstacle course. Coaches from Grit Ninja locations in the tri-state, were on hand to teach techniques and skills to master the activities. Camper favorites were the warped wall and ninja vs ninja speed course. Collectively these exercises and overall program focus on fitness and fun.

Lucio Battista, the head coach at Grit Ninja, especially enjoyed when the groups cheered each other on, chanting "beat that wall" and trying their very best. "We always look forward to being at Nabby and it was great to see campers Will and Sam from Team Grit and a handful of campers from our classes". Gwen from Bates said, "I liked running up the warped wall and moving through the monkey bars while a coach was shaking them. It was so fun!" Grit Ninja will be back with us for week 6 and we are already looking forward to it!



### GET TO KNOW OUR HEALTH OFFICE

Our camp community is in great hands and fortunate to have the warmth and kindness of our Health Director Leslie and Assistant Natalie this summer. Leslie is in her first year at Nabby and works throughout the school year as the head nurse at Peekskill High School. She previously worked as a Director for Hospice & Palliative care and has been a nurse for 13 years. She also has two daughters at camp this summer who are just loving their Nabby experience.

Leslie is assisted by Natalie, a graduate of John Jay High School and a rising senior at the University of Tennessee - Martin on a pre med track majoring in cell & molecular biology. Natalie has wanted to be an orthopedic surgeon since she was in middle school and plans to pursue that dream with the Army after graduation.

Both Leslie & Natalie are enjoying their contact with our campers and families and always bring a smile and prompt care to each camper who may not be feeling well. As Leslie notes, Nabby parents should know that all of the campers are treated like her own children from the moment they arrive at camp till the moment they leave to go home!



### THE WEEK AHEAD...

WEEK OF JULY 17<sup>TH</sup> - JULY 21<sup>ST</sup>

**SPRIT WEEK!**  
A SPECIAL WEEK AHEAD TO PERFORM  
ON THE FAMED NABBY STAGE AND  
SHOW YOUR GROUP PRIDE!



**MONDAY, JULY 17<sup>TH</sup>**  
FIVE YEAR CAMPER CEREMONY  
Celebrating all of our 5-year Campers



**TUESDAY, JULY 18<sup>TH</sup>**  
PHOTO DAY - GROUP & INDIVIDUAL PORTRAITS  
Please wear your official Nabby tee shirts!

**WEDNESDAY, JULY 19<sup>TH</sup>**  
SENIOR CAMP EPIC  
Predator & Prey



**FRIDAY, JULY 21<sup>ST</sup>**  
SCHOOL PRIDE DAY!  
Finish the week showing off your school colors!



## NABBY SUPERHEROES GET CAMP READY TO OPEN

A special thanks to the efforts of our maintenance men, Guillermo and Fernando, and counselor volunteers Bobby, Jeff, Dave, Luke, Jack, Logan, Jake & Ty who worked throughout the day on Monday to clean up storm damage so we could welcome campers back to safe facilities. We are so appreciative of your efforts!



## LIP SYNC BATTLES ON!

The second round of the Counselor Lip Sync competition took place this week to an excited audience of Nabby campers and staff. Alec from tennis pulled out all the stops with a blond wig, backup counselor "vocalists" Mike, Luke, Sydney and Bella and a One Direction song. He ran thru the audience singing "What Makes You Beautiful" - a perfect song choice for this age group!

Vinny then took the stage and gave us his rendition of "Shout", complete with some tremendous break dancers from his Columbia group. They acted out "A little bit lower now" to a "LITTLE BIT LOUDER NOW" and it was a definite hit with the campers.

A tough battle for sure this week and the winner was...we need to wait till Monday to find out!!! Oh my-the suspense!



## CELEBRATING OUR 10 YEAR CAMPERS AND COUNSELORS

We have seen these boys grow up at Nabby and are proud to congratulate our 10 year campers Jevan, Reef, Ryan & Brayden. These boys were honored on the Nabby stage and received commemorative Nabby sweatshirts. Way to go boys!

We are also proud to honor two of our long time counselors who are celebrating their 10th summer at Nabby. Thank you Erin, head of our Aerial Adventure program, and Ashley, head counselor for Cornell for 10 wonderful summers!



## MINING FOR GEMS!

No matter the age, all of our campers enjoyed a visit from Neil Brown & Dinosaurs Rock on Tuesday. Neil has been visiting Nabby for 20 plus years and over 10 million students worldwide have experienced this program.

Campers had the chance to mine for real gemstones including rubies, emeralds, sapphires and more! They learned about the minerals, could see museum quality specimens and could take 3 gems home from their exploration. One of our campers summed it up perfectly by saying, "this was the best day of my life!"





## HOLLYROCK BRINGS ALL THE FUN

For 16 years, Allen Strauss and his Hollyrock Game Show has been visiting Camp Nabby (one of his favorite camps!) and asking the burning question... "Who's smarter-girls or boys?" Allen always has the children on their feet cheering and rooting for their fellow campers along with lots of laughter and joy.

On Wednesday, his Brain Challenge game show not only posed age appropriate questions to our campers, but also had various physical competitions in which they competed. The Junior Camp show had trivia questions for children aged 8 and under, as well as dance and hula hoop contests, Simon Sez, and a tug of war. The Senior campers were asked more difficult questions ranging from food to math to US history categories among others. The Senior campers also had a very close boys vs girls hula hoop contest and a tricky Simon Sez game. At the end of each session, Allen wanted to declare a tie, but both the Junior and Senior campers wanted to hear the actual score! The Junior camp girls were victorious over the boys with a score of 600 to 500 and the Senior camp girls followed suit with a 900 to 700 victory over the boys.



## SUPERHEROES BRIGHTEN OUR DAY!

After a storm came through at arrival on Friday, a legion of Superheroes visited Nabby and brightened our day! Campers came dressed as their favorite superheroes with many creative, homemade costumes as well as Spider-Man, Batman, Captain America and Wonder Woman costumes seen with colorful capes and masks.

We were also thrilled to see so many superheroes join us on the Nabby stage including Thor, Iron Man, Captain Marvel, Batman & Robin!! Nabby's very own superhero, Scooter, also came to visit and danced along with the Pups group during their music class. Campers made fantastic masks in arts & crafts and enjoyed superhero songs and music throughout the day.





# SEEN AROUND CAMP....



In our new science interest period, campers enjoyed a variety of experiments, made rockets & a solar bag!



Pups campers meeting fuzzy and hard shelled new friends!



Slipping & sliding on a hot summer day!



Declan from Dartmouth catching a frog with the help of his group on the Nature Trail!



Counselor Tennis Night featured creative costumes including the one and only Bert & Ernie.

**PUPS**

Water! Water! Water! was the word of the week for us. We played with water balloons; we got squirted with water at the Splash Park and we ran in the sprinklers. We stayed cool all week long.

**CUBS**

We were so excited to go to Nature this week because we got to meet several lizards and we even got to meet the Bearded Dragon.

**SMITH**

We practiced our song for Spirit Week and we cannot wait to sing it to everyone! We are so proud of ourselves for learning the song.

**VASSAR**

The Ninja Course was the highlight of our week. Our favorite parts of the course were the agility activities, being timed and then trying to beat our time the second time around. We also loved the monkey bars.

**CORNELL**

We stayed cool by playing water games with Paige. The game we liked the most was Duck, Duck, Splash. We enjoyed having the cool water poured on our heads.

**WELLS**

We found so many gems this week when we went mining. We all left with a bag of gems and some really cool stones.

**AMHERST**

A day cannot go by without us playing Gaga. We are in fierce Gaga competition mode. We also enjoyed putting our strength to the test by participating in Grit Ninja.

**SKIDMORE**

We just have to say that the ice cream sandwiches are delicious. Whenever we have them you can hear us screaming from one side of the camp to the other. We learned a new game called Dr. Dodge ball. It's really fun because you are in and out the entire game.

**BATES**

We loved staying cool by playing many water games this week.

**BRYN MAWR**

Dodge ball with a twist is what we played this week. The game consisted of two goalies and they had to block the balls from going into the net. We laughed so hard because sometimes the goalies had to block so many balls coming at them!

**YALE**

We showed off our skills during Grit Ninja and we proved to each other how strong we are. The water games with Paige made us laugh and kept us cool.

**COLGATE**

Superheros was the word of the week. We participated in the Superhero show with the counselors and we met many superheros in other bunks. Our bunk also had a lot of superheros.

**PRINCETON**

It was our turn to challenge ourselves at Grit Ninja. It was amazing! We tried hard to do all of the activities. We cannot wait until they come back in a few weeks so that we can do the course again.

**STANFORD**

We are a family! We are learning fairness, sharing and looking out for one another. We are also course enjoying all of the activities that Camp Nabby has to offer.

**BROWN**

The "high rings" activity at Grit Ninja was incredible. We swung and stretched from ring to ring. We did it!

**HARVARD**

We learned and played a new game called "running bases". We have good throwing and running skills. What fun!

**DARTMOUTH**

Some of us never heard the word "loom" but we really liked using them as we made rainbow bracelets. We could choose any colors that we wanted to make our bracelets.

**WILLIAMS**

Our group grew this week with new campers. We welcomed them and they fit right in. Our favorite activity was the "warped wall" in Grit Ninja. We got to run up the wall twice. The goal was to improve our height and we did that each time. We are Ninjas!!!

**BARNARD**

We had a blast preparing for Spirit Week and learning our new song. We cannot wait to perform next week.

**RADCLIFFE**

Taylor Swift songs and our beautiful singing voices could be heard throughout camp as we participated in Karaoke. We stayed cool by not only going into the pool but also by having water balloon fights.

**DOUGLASS**

We just can't stop singing our song for Spirit Week. As we walk from one activity to the next you can hear us singing our special song. We are obsessed with it!

**JACKSON**

The HollyRock Show was great!!! One of the girls in our bunk won Food Trivia. We played dodge ball against Douglass and Tulane. It was lots of fun but also competitive.

**COLUMBIA**

We had so much fun playing on the Slip and Slide. We were cheering our friends and laughing because we were getting wet. After the Slip and Slide we played with water balloons. We got super wet but it really cooled us off.

**DUKE**

This was our first week of Aerial Adventure. To say we loved it was an understatement. What we also loved was doing limbo in the water with Maddie.

**TULANE**

Grit Ninja was an activity we talked about all week. Science was a new interest period for us and it was incredible to see what experiments we could do. For those of us that took cooking we loved making and eating chocolate lasagna and ice cream. Yummy!

**PENN**

We accomplished many things during our Grit Ninja classes. We loved being challenged with all of the strength and fitness activities.







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# CAMP NABBY PHOTO DAY

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*Tuesday, July 18<sup>TH</sup>*



***CUBS & PUPS GROUP***



***JUNIOR CAMP***



***SENIOR CAMP***

***Please have your child wear their Nabby issued t-shirt for our photos!***